

# Product Catalogue



Life Aveda™  
A True Devotion to Healing

a product of  
**Aveda Ayur**





# About us

Aveda Ayur was established in the year 2019, with a true devotion to making the world aware of the beauty of ayurvedic herbs and their healing effects on our bodies. Our specialized team of ayurvedic doctors has done extensive research in searching out hidden formulations mentioned in ayurvedic texts like Charak Samhita, Sushrut Samhita, Ashtang Hridayam, and botanical texts like Bhav Prakash Nighantu to create awareness about the magic that ayurvedic herbs can do. Scientifically designed herbal formulations that pass through rigorous quality tests at all stages from raw material selection to the final product formulation.

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## Our Vision

Aveda Ayur has the vision to establish itself as a global brand for dietary supplements, non-prescription well-being remedies, and promoting general well-being. Aveda Ayur is focused to develop clinically validated premium products for its customers for their optimal health. Our range is free from heavy metals, toxins, harmful additives. We have certificates for authenticity & purity from competent authorities. Aveda Ayur formulations are manufactured at GMP and ISO certified facilities. Our products are 100% free from animal content and are non-genetically modified. Our products are free from parabens, glutens, colors & artificial flavours.

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## Our Mission

Being healthy has become the number one priority in today's highly competitive milieu. Information and availability of original and genuine resources to maintain a healthy lifestyle are becoming obscure and camouflaged. Shoddy products containing artificial stimulants laden with pesticides, toxins, and metals are being sold thus killing, the already very fragile and vulnerable structure of the human body.

Aveda Ayur is your one-stop solution and antidote for all these ailments, to become your saviour and trustworthy name for all wellness-related requirements. We source, process, and preserve our ingredients to maintain the optimal strength and longer usage selectively. We emphasize on developing small batches of products so that we can maintain maximum purity and authenticity.



# OUR CERTIFICATIONS

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This certificate affirms that the above stated facility is registered with the U.S. Food and Drug Administration pursuant to the Federal Food Drug and Cosmetic Act, as amended by the Bioterrorism Act of 2002 and the FDA Food Safety Modernization Act.



Kosher Certification is the stamp of kosher approval by a rabbinic Agency verifying they have checked the product's ingredients, production facility, and actual production to ensure all ingredients, derivatives, tools, and machinery have no trace of non-kosher substances.



ISO 22000:2018 - ISO 22000 sets out the requirements for a food safety management system and can be certified to it. It maps out what an organization needs to do to demonstrate its ability to control food safety hazards to ensure that food is safe.

GMP - The acronym stands for Good Manufacturing Practices, and to be GMP certified means that the manufacturer has demonstrated a strong regulatory commitment and compliance to international GMP standards.



HACCP - Hazard analysis and critical control points, or HACCP is a systematic preventive approach to food safety from biological, chemical, physical hazards, and more recently radiological hazards in production processes that can cause the finished product to be unsafe and designs measures to reduce these risks to a safe level.

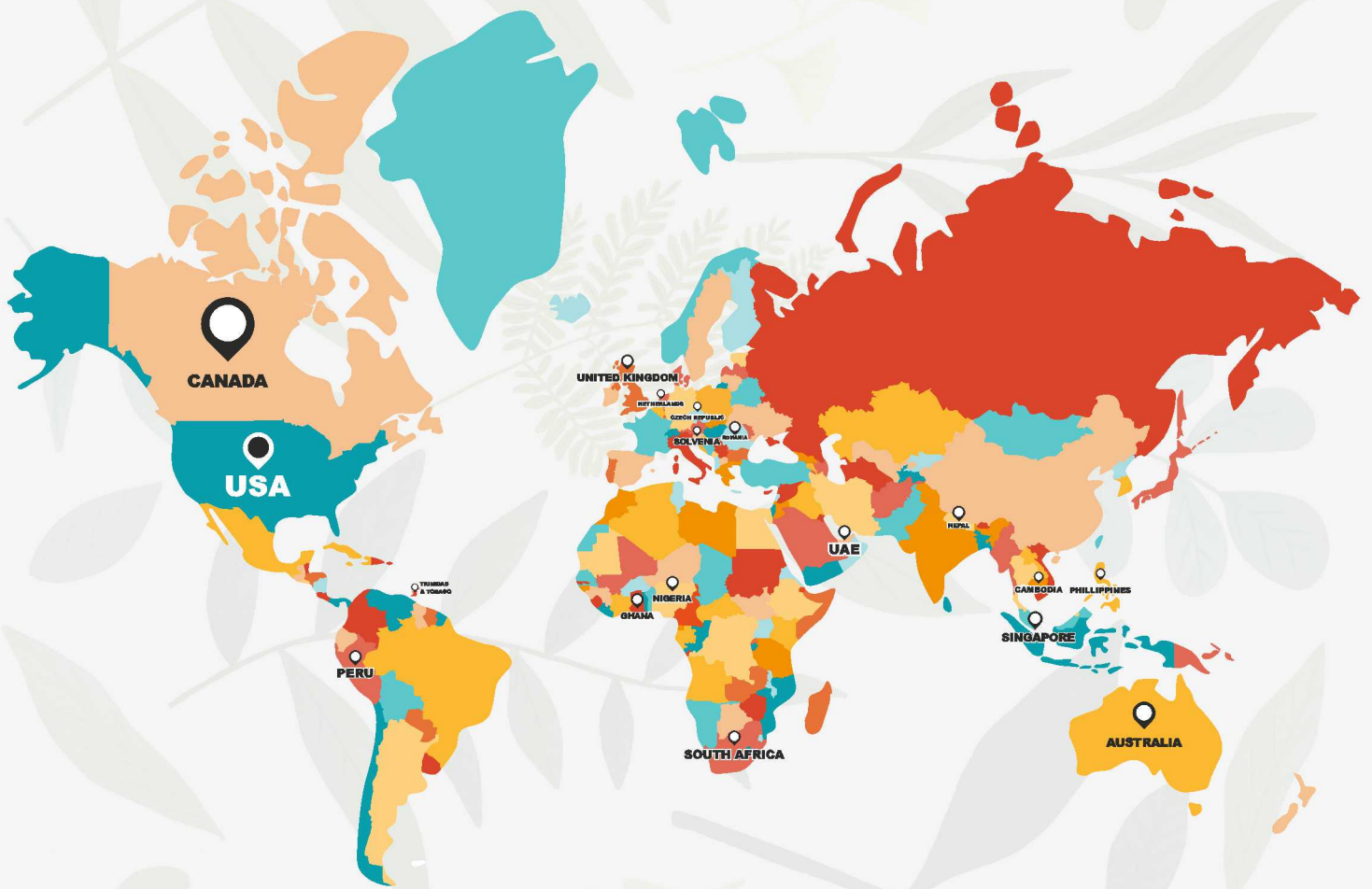
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# OUR GLOBAL REACH

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THE USA | CANADA | SINGAPORE  
AUSTRALIA | UNITED KINGDOM  
UAE | SLOVENIA | ROMANIA | BULGARIA



THE CZECH REPUBLIC  
NETHERLANDS (HOLLAND)  
SOUTH AFRICA | NIGERIA | PERU  
TRINIDAD & TOBAGO | GHANA  
CAMBODIA | PHILIPPINES | NEPAL





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# Life Aveda

## Single Herb Capsules







## Premium Aloe Vera Capsule

Life Aveda's Ayurvedic Aloe Vera Capsules are a rich source of amino acids, vitamins, minerals, enzymes and are a fusion of ancient wisdom with modern science that helps in promoting anti-aging, rejuvenating skin and hair cells, strengthening hair, boosting immunity, and improving digestion with nature's goodness.

### Did you know..?

- Supports in promoting anti-aging.
- Helpful in Improving digestion naturally.
- Helps to rejuvenate skin & hair cells
- Aids in boosting immunity

### Ingredients: -

Aloe Vera Capsule Std. Ext. of Aloe Vera  
(Aloe barbadensis miller) - 500mg

### Suggested Adult Use: ,

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional..



## Premium Amlaki Capsules

Amlaki is a potent rejuvenating herb and a natural source of vitamin C that supports anti-aging, nourishes the digestive tract, and gently removes toxins. These capsules also offer a holistic approach to beauty and well-being by transforming your skin and hair health and boosting your immune response naturally.

### Ingredients: -

Std. Ext. of Amla (Emblica of ficinalis) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional..

### Did you know..?

- Good for skin & hair
- Aids in promoting anti-aging.
- Health Natural Source of Vitamin c
- Helps in improving digestion & body function





## Premium Arjuna Capsules

Life Aveda's Arjuna Capsules are crafted with care using traditional Ayurvedic wisdom to embrace the natural path to heart health. These Arjuna capsules aid in promoting healthy blood pressure, Improving blood circulation, maintaining cholesterol levels and overall heart vitality.

### Did you know..?

- Helpful in lowering cholesterol levels.
- Manages blood pressure.
- Supports in relieving IBS and Ulcers.
- Aids in promoting healthy heart function

### Ingredients: -

Arjuna Capsules Std.  
Ext. of Arjuna (*Terminalia arjuna*) 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional



## Premium Ashwagandha Capsule

Life Aveda's Ashwagandha capsule is a timeless Ayurvedic treasure designed to nurture your body, mind and spirit. Enriched with the power of Ashwagandha, these capsules offer a holistic approach to wellness by supporting anti-aging, improving immunity and addressing stress, anxiety and more.

### Did you know..?

- Helpful in maintaining strength & stamina
- Aids in calming stress & anxiety levels
- Supports a healthy immune system
- Aids in fighting premature aging
- Helps to promote a restful sleep cycle
- Supports energy levels & helpful in exertion

### Ingredients: -

Std. Ext. of Ashwagandha (*Withania somnifera*) - 500 mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Aids in increasing bone strength
- Helps to prevent re-currency of fracture
- Supports rejuvenation and lubrication of bone tissues.
- Helpful in relieving pain & swelling of ligaments

## Premium Asthi Poshan Capsules

Life Aveda's Asthi Poshan is an herbal formulation that helps to nourish your bone tissues and reduces the risk of bone brittleness. These capsules contain pure extracts of Hadjod that promote bone formation and bone cell growth

### Ingredients: -

Std. Ext. of Hadjod (*Cissus quadrangularis*) - 500 mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Helpful in Hepatitis B
- Aids in promoting healthy digestion
- Helps to promote liver & kidney detoxification
- Supports secretion of enzymes & bile juices

## Premium Bhumi Amla Capsules

Life Aveda's Bhumi Amla capsules are helpful in stimulating the digestive fire (Agni) and increase bile secretion to improve digestion and promote healthy liver functioning. These capsules also aid in regulating Vata and Pitta dosha and removing toxins from the liver and kidney.

### Ingredients: -

Std. Ext. of Bhumi amla (*Phyllanthus niruri*) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





### Did you know..?

- Helpful in reducing inflammation.
- Aids in relieving back & joint pain.
- Supports joint flexibility naturally.
- Helpful in increasing bone density.

## Premium Boswellia Capsules

Life Aveda's Boswellia is a natural remedy renowned for its anti-inflammatory benefits and is carefully crafted to aid in reducing inflammation, making it an ideal choice for those seeking relief from back and joint pain. It also aids in improving joint flexibility, increasing bone density, and promoting a stronger and healthier bone naturally.

### Ingredients: -

Std. Ext. of Shallaki (Boswellia Serrata) Gum resin

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Aids in increasing memory power.
- Helpful in improving focus or concentration.
- Helps to calm the nervous system & mood swings.
- Supports activeness & alertness.

## Premium Brahmi Capsules

Brahmi is a miraculous herb known for its remarkable support in enhancing memory, intelligence, and concentration. Brahmi serves as a nurturing tonic for the mind, fostering a healthy nervous system that leads to heightened mental clarity and focused attention. As a natural rejuvenator, Brahmi also aids in soothing anxiety, stress, and mood swings, providing you with a sense of tranquility and emotional balance.

### Ingredients: -

Std. Ext. of Brahmi (Bacopa monnieri) - 500mg

### Suggested Adult Use

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## CARICA PAPAYA CAPSULES

Carica papaya is renowned for its ability to increase platelet counts. It helps to guard against viral intruders, improving your body's defense mechanisms and is enriched with a wealth of antioxidants. It also contributes to the harmonization of blood sugar levels and empowers the journey toward vitality and balance.

### Did you know..?

- Helps to increase platelet counts
- Contains powerful antioxidants
- Aids in preventing viral & chronic fever.
- Helpful in controlling bleeding.

### Ingredients: -

Std. Ext. of Papaya (Carica Papaya) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PREMIUM Curcumin 95% Capsules

Life Aveda's Curcumin 95% is a powerhouse natural antiseptic and antioxidant that helps in unlocking the potential healing of wound, cut, burn and is helpful in pain management. It also aids in relieving muscle soreness and improving joint mobility and offers a holistic approach to well-being.

### Did you know..?

- Loaded with antiseptic & antioxidant properties.
- Aids in healing cuts, wounds & burn.
- Helps in muscle soreness & joint mobility.
- Helps in injuries & pain management .

### Ingredients: -

Std. Ext. of Turmeric (Curcumin longa) 500 mg (curcuminoids-95%)

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





## PREMIUM GARCINIA CAPSULES

Life Aveda's Garcinia Capsule helps to unlock the transformative power of this remarkable natural ingredient as it promotes weight loss by boosting your metabolism rate. It provides freedom from constant cravings as Garcinia effortlessly suppresses your appetite and reduces belly fat and obesity naturally.

### Did you know..?

- Aids in promoting weight loss
- Supports in increasing metabolism rate
- Helpful in suppressing appetite
- Helps in reducing belly fat & obesity

### Ingredients: -

Std. Ext. of Garcinia (Garcinia indica) -500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PREMIUM GILOY Capsule

Giloy is a potent herb renowned for its versatile properties that help in recovering chronic fever, increasing platelet counts, boosting immunity and improving digestion naturally. Giloy also stands as an effective and natural solution for dengue that promotes overall health and vitality.

### Did you know..?

- Helps treat chronic fever
- Aids in increasing platelet count
- Helpful in boosting immunity & digestion
- Aids in managing dengue fever

### Ingredients: -

Std. Ext. of Giloy (Tinospora cordifolia) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## GOKSHUR CAPSULES

Life Aveda's Gokshur- a natural treasure that holds numerous benefits for male sexual & urinary health. It helps to promote strength & stamina, support the alleviation of UTIs (Urinary Tract Infections), reduce the risk of kidney stones and embrace a healthier urinary system by promoting overall wellness.

### Did you know..?

- Helpful in improving male health
- Helps with UTI (Urinary Tract Infection)
- Aids in reducing risk of kidney stone
- Supports strength & Stamina

### Ingredients: -

Std. Ext. of Gokshur (Tribulus terrestris) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## GOTU KOLA CAPSULES

Life Aveda's Gotu Kola capsules are made of pure Gotu Kola extracts from the herb that help in managing stress, anxiety, memory power, dementia, insomnia, and other sleep disorders. It also aids in increasing blood circulation and promoting a healthy sleep cycle naturally.

### Did you know..?

- Acts as a body & mind relaxant
- Aids in managing brain fog & dementia
- Supports a healthy sleep cycle
- Helpful in preventing insomnia
- Helps to reduce blood clots & encourages blood flow

### Ingredients: -

Std. Ext. of Gotu Kola (Centella asiatica) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





## **PREMIUM HARITAKI CAPSULES**

Haritaki is a natural gem brimming with Vitamin C that supports healthy digestion, allowing your body to improve nutrient absorption. Its natural laxative properties act as a reliever of constipation, ensuring a clean and efficient digestive system. It also helps in maintaining healthy blood sugar levels naturally.

### **Did you know..?**

- Helpful in soothing the digestive tract .
- Works as a natural laxative .
- Aids in maintaining healthy blood sugar levels .
- Rich source of Vitamin C .

### **Ingredients: -**

Std. Ext. of Haritaki (Terminalia chebula) 500mg

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **KALMEGH CAPSULES**

Life Aveda's Kalmegh Capsules are designed to promote the elimination of toxins and rejuvenation of your liver health by promoting its functioning. These capsules may also contribute to maintaining a balanced gut environment, promoting better digestion, relieving fatty liver, improving metabolism and overall well-being.

### **Did you know..?**

- Aids in cleansing liver naturally.
- Supports healthy liver functioning.
- Helpful in improving digestion.
- Aids in managing fatty liver.
- Supports metabolism rate.

### **Ingredients: -**

Std. Ext. of Kalmegh (Andrographis paniculata) - 500mg

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## KUTKI CAPSULES

Life Aveda's Kutki may help to promote detoxification and protect the liver from damage by promoting its overall health. Kutki helps in stimulating the production of digestive juices and enzymes to improve digestion and strengthen the immune system. It also aids in promoting cardiovascular health, managing blood sugar & cholesterol levels naturally.

### Did you know..?

- Aids in detoxifying the liver & body
- Helps in managing blood sugar levels
- Supports in indigestion & weight management
- Supports respiratory health & functioning
- Manages Cholesterol levels & heart functions

### Ingredients: -

Std. Ext. of Kutki (Picorrhiza kurroa) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PREMIUM MACCA ROOT CAPSULE

Maca root is a good source of various vitamins, minerals, and nutrients that help to boost energy levels, enhance vitality, promote stamina and endurance. It also helps in promoting proper brain functioning to keep your mind calm and provides calcium to increase bone density by making them healthier.

### Ingredients: -

Std. Ext. of Macca Root (Lepidium meyenii) -500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

### Did you know..?

- Natural supplement for GYMERS & athletes
- Rich source of minerals & vitamins
- Provides calcium & increases bone density
- Gives instant energy & power to the mind & body





## **PREMIUM MANJISTHA CAPSULES**

Manjistha is renowned for its potent detoxifying effects on the blood and lymphatic system. Its natural compounds help remove toxins, impurities, and excess heat from the body, promoting clearer and healthier skin. It also possesses anti-inflammatory properties that may help alleviate joint pain and inflammation.

### **Did you know..?**

- Natural Blood Purifier
- Helpful in eczema & skin irritations
- Anti-inflammatory in nature
- Aids in promoting healing of wounds

### **Ingredients: -**

Std. Ext. of Manjistha (*Rubia cordifolia*) - 500mg

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **PREMIUM MORINGA CAPSULES**

Life Aveda's Moringa is packed with nutrients, antioxidants, and bioactive compounds that potentially aid in reducing inflammation, redness and pain. It also contributes to lowering uric acid levels and helps in managing arthritis, joint pain, gout and edema by promoting natural healing and detoxification.

### **Did you know..?**

- Aids in lowering uric acid levels.
- Helps in gut healing & body detoxification.
- Helpful in reducing edema & gout.
- Anti-inflammatory in nature.
- Aids in managing arthritis & joint pain.

### **Ingredients: -**

Std. Ext. of Moringa (*Moringa officinalis*) -500mg

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Helps with skin infections.
- Aids in lowering blood sugar levels.
- Manages acne & pimples.
- Supports toxins removal from the body.
- Helpful in worm infestation.

## PREMIUM NEEM CAPSULE

Neem is renowned for its antibacterial, analgesic, antifungal, and anti-inflammatory properties including its numerous health benefits. It also aids in purifying blood that helps in preventing skin issues and irritations, combating free radical damage, eliminating toxins, normalizing blood sugar levels and boosting immunity naturally.

### Ingredients: -

Std. Ext. of Neem (*Azadirachta indica*) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Aids in reducing water retention & edema.
- Helpful in managing urinary tract infections.
- Aids in improving cardiac health.
- Hepato protective in nature.
- Helps stimulate bile secretion.

## PUNARNAVA CAPSULES

Punarnava is a cherished herb renowned for its multifaceted benefits and its comprehensive approach to holistic health. It supports the urinary system, nurtures your heart health to embrace a stronger cardiovascular system, encourages efficient digestion and metabolism with its digestive harmony, and flushes out excess fluid and toxins from the body.

### Ingredients: -

Std. Ext. of Punarnava (*Boerhaavia diffusa*) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





### Did you know..?

- Helps in improving endurance, vigor & vitality.H
- Aids in production of male hormones.
- Supports men's libido & performance.
- Helps in muscle gain & bodybuilding.

## **PREMIUM SAFED MUSLI CAPSULES**

Life Aveda's Safed Musli is a natural treasure trove that supports your vitality and transforms your well-being. The unique properties of Safed Musli help you improve your desire, elevate your endurance, increase semen production, enhance libido and performance by preparing your body to conquer other physical challenges.

### **Ingredients: -**

Std. Ext. of Safed Musli (Chlorophytum borivilianum) -500mg

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Supports healthy prostate functioning.
- Aids in maintaining PSA levels naturally.
- Helpful in reducing enlarged prostate.
- Helpful in managing frequent urination urges.

## **PREMIUM SAW PALMETTO CAPSULES**

Life Aveda's Saw Palmetto harnesses the power of nature that helps in maintaining natural PSA levels and optimal prostate function. The goodness of Saw Palmetto is effective in reducing the urges for frequent urination, enlargement of the prostate gland and other discomforts.

### **Ingredients: -**

Std. Ext. of Saw Palmetto (Serenoa repens) -500mg

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Supports female health & wellness.
- Helpful in breast milk production.
- Aids in relieving menstrual pain, cramps & mood swings.
- Aids in improving fertility.
- Helps in gaining strength post delivery.

## PREMIUM SHATAVARI CAPSULE

Shatavari is a renowned female wellness and nutritional herb that nurtures reproductive health and addresses various lifestyle disorders and their other cycles and related concerns. It also aids in managing hormonal imbalances, menopause, menstruation, and discomfort by promoting overall vitality and well-being for a harmonious and fulfilling life.

### Ingredients: -

Std. Ext. of Shatavari (Asparagus Racemosus) -500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Supports endurance, vigor & stamina
- Helpful in increasing fertility & sexual performance
- Aids in reducing weakness & tiredness
- Loaded with detoxifying properties
- Helps to rejuvenate body cells & tissues"

## PREMIUM SHILAJIT CAPSULES

Life Aveda's Shilajit combines the time-tested wisdom of Ayurveda with modern sciences that help to improve strength, stamina, vigor and vitality naturally. It also contains fulvic acid that may help in stimulating energy production, performance and testosterone levels that play a crucial role in muscle development, bone density, and overall physical health.

### Ingredients: -

Std. Ext. of Shilajit (Asphaltum) -500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





## VARUNA CAPSULES

Varuna is a cherished herb crafted to support kidney health and its exceptional properties work to lower uric acid, urea, and creatinine levels. It also helps in efficiently flushing out toxins and preventing edema and renal stones by leaving your body revitalized and refreshed.

### Did you know..?

- Help in lowering uric acid, urea & creatinine levels
- Aids in toxins removal from the body
- Supports kidney health & functioning
- Helpful in preventing renal stones & edema”

### Ingredients: -

Std. Ext. of Varuna (*Crataeva nurvala*) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## VASAKA CAPSULES

Life Aveda's Vasaka capsules are made of pure extract of Vasaka that harnesses the anti-microbial and anti-inflammatory properties and helps in managing cough, nasal congestion, sore throat and lung infections. This harmonious product also aids in controlling respiratory concerns including asthma, bronchitis and tuberculosis.

### Did you know..?

- Helps in managing bronchitis & asthma.
- Helpful in cold, cough & sore throat.
- Manages viral infections & allergic reactions.
- Helpful in respiratory inflammation.
- Aids in fighting against nasal & chest congestion.

### Ingredients: -

Std. Ext. of Vasaka (*Adhatoda vasica*) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Contains 25% proteins so good for Gymers.
- Manages damaged / dead cells & signs of aging.
- Rejuvenates & Detoxifies the human body.
- Aids in maintaining a healthy body weight.
- Helpful in building immunity naturally.

## PREMIUM WHEAT GRASS CAPSULES

Life Aveda's Wheatgrass is a rich source of vitamins, minerals and enzymes that offer holistic nourishment and is an excellent choice for gym enthusiasts, aids in promoting muscle growth and recovery. This powerful supplement also helps in improving immunity, promoting detoxification, maintaining a healthy weight and minimizing the signs of aging by restoring youthful skin.

### Ingredients: -

Std. Ext. of Wheat Grass (*Triticum aestivum* Linn.)- 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Help with common cold & cough.
- Helpful in indigestion & flatulence.
- Manages respiratory disorders.
- Supports elimination of sticky mucus & eases sore throat.

## YASHTI-M CAPSULES

Life Aveda's Yashti-M is a specialized formula that helps in addressing a range of respiratory and digestive issues effectively. It offers a holistic approach to the discomfort of the common cold, persistent cough, sticky mucus, and sore throat by promoting comfort and clearer airways for smooth breathing.

### Ingredients: -

Std. Ext. of Yashti Madhu (*Glycyrrhiza glabra*) - 500mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



# LIFE AVEDA POLY HERBS



**Life Aveda™**  
A True Devotion to Healing





## ACID-O FLUX CAPSULES

Life Aveda's Acid-O-Flux Capsules are crafted with a harmonious fusion of potent Ayurvedic herbs that help in managing acidity, gas, bloating, and abdominal discomfort by promoting overall digestive well-being. These Capsules are free from harsh chemicals and offer safe and long-lasting digestive support with no side effects.

### Did you know..?

- Helpful in relieving acidity.
- Aids in relieving gas & abdominal discomfort.
- Helpful in bloating & heartburn.
- Aids in managing nausea & vomiting .

### Ingredients: -

Amla (*Emblca officinalis*) - 100mg Mulethi (*Glycyrrhiza glabra*) - 100mg. Saunf (*Foeniculum vulgare*)- 50g. Dhania (*Coriandrum sativum*) - 50mg. Harar (*Terminalia chebula*) - 50mg. Tejpatha (*Cinnamomum tamala*) - 40mg. Lavang (*Syzygium aromaticum*) - 10mg. Black Pepper (*Piper nigrum*) - 33.3mg. Saunth (*Zingiber officinalis*)- 33.3mg .Pippali (*Piper Longa*) - 33.3mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## ADVANCED DIA-REVIVAL

Life Aveda's Advanced Dia-Revival is designed to empower your journey toward diabetes control and well-being. This Ayurvedic blend aids in regulating insulin production, normalizing blood sugar levels, improving eyesight, supporting heart health and revitalizing your energy levels naturally.

### Did you know..?

- Helpful in controlling diabetes.
- Supports insulin production.
- Manages glucose levels.
- Helpful in frequent thirst & urination.
- Helps reduce mood swings due to craving sugary foods.
- Supports energy levels effectively.

### Ingredients: -

Gurmar (*Gymnema sylvestre*) - 100mg Haridra (*Terminalia chebula*) - 100mg. Cinnamon (*Cinnamomum verum*) - 100mg Methika (*Trigonella foenum-graecum*) - 100mg. Jambul (*Syzygium cumini*)- 50mg Karvellak (*Momordica charantia*)- 50mg"

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





### Did you know..?

- Helpful in increasing sperm count.
- Aids in improving semen quality.
- Helpful in preventing infertility in males.
- Helpful in increasing males hormones.

## DHATU PAUSHAK

Dhatu Paushak is a carefully curated herbal blend that helps to enhance male reproductive health and vitality. Its exceptional blend of Gokshur, Safed Musli, and Kaunch Beej helps in increasing sperm count, improving semen quality, and boosting testosterone levels by supporting overall well-being.

### Ingredients: -

Gokshur (Tribulus terrestris)- 200mg Kaunch beej (Mucuna pruriens) - 200mg Safed musli (Chlorophytum borivilianum)- 100mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Manages blood sugar levels.
- Aids in enhancing insulin production.
- Helpful in reducing the risk of heart disease.
- Aids in fighting weakness, dizziness & fatigue.

## DIAMET 80

Diamet 80 is an entirely herbal formulation that aids in promoting insulin production, normalizing blood sugar levels, and improving energy levels. This revolutionary formulation not only helps in controlling diabetes but also helps to reduce stress levels, improve vision, and maintain a healthy heart by addressing potential complications of diabetes that may arise.

### Ingredients: -

Daruhaldi (Berberis aristata) - 100mg. Vijaysaar (Pterocarpus marsupium) -100mg. Gurmar (Gymnema sylvestre) - 100mg. Methi (Trigonella foenum-graecum) - 80mg. Khadir (Acacia catechu) - 60mg. Guduchi (Tinospora cordifolia) 60mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **DIGEST EASY**

Digest Easy Capsules contains the goodness of potent herbs and works as a probiotic tonic that helps in improving digestion and metabolic processes. This herbal blend also aids in stimulating the secretion of bile juices and enzymes and is helpful in reducing gastritis, tightness and heaviness in the stomach.

### **Did you know..?**

- Aids in stimulating digestive fire for better digestion.
- Helpful in secretion of digestive enzymes.
- Manages tightness or heaviness in stomach.
- Aids in relieving farting & gastritis naturally .

### **Ingredients: -**

Amla (Emblis officinalis) - 110mg. Haritaki (Terminalia chebula)- 110mg. Bahera (Terminalia bellerica) - 110mg. Jeera (Cuminum cyminum) - 50mg. Saunf (Foeniculum vulgare) - 40mg. Dhania (Coriandrum sativum)- 40mg. Pippali (Piper longa) - 40mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **LAX LITE PLUS**

Life Aveda's Lax Lite Plus works as a natural laxative and harnesses the inherent properties of potent herbs that aid in relieving constipation and regulating healthy bowel movements. The consumption of Lax Lite Plus also ensures a safe and effective way to soften stool effectively, making your bowel movements smoother and less straining.

### **Did you know..?**

- Acts as a natural laxative.
- Helps relieve constipation.
- Helps to soften stool effectively.
- Supports healthy bowel movements.

### **Ingredients: -**

Senna (Senna alexandrina) - 200mg. Nishoth (Operculina Turpethum) - 100mg. Triphala (Three myrobalan) - 100mg. Saunf (Foeniculum vulgare) - 50mg. Saunth (Zingiber officinalis)- 50mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





## PITTA SHAMAK

Pitta Shamak Capsules are remarkable Ayurvedic solutions designed to bring equilibrium to Pitta dosha. Packed with cooling compounds and helps in relieving acidity, indigestion, and bleeding disorders like Ulcerative Colitis (UC), and even provides valuable support during menopause, and enhances bone marrow density as it is rich in calcium.

### Did you know..?

- Aids in balancing Pitta & works as a natural coolant.
- Helpful in treating acidity & indigestion.
- Manages bleeding disorders (UC).
- Rich source of calcium (beneficial in menopause).
- Helpful in improving bone marrow density.

### Ingredients: -

Praval Pishti (Ayurvedic calcium compound) - 100mg, Akik Pishti (Ayurvedic calcium compound) - 100mg, Jahar Mohra Pishti (Ayurvedic calcium compound) - 100mg, Kamdudha Ras (Ayurvedic calcium compound) - 100mg, Mukta Pishti (Ayurvedic calcium compound) -50mg, Giloy Satva (Tinospora cordifolia) - 50mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PLATO G PLUS

Life Aveda's Plato G Plus Capsules are a unique blend of natural herbs carefully crafted to manage low platelet counts, help to improve recovery post-dengue, boost energy levels, and strengthen your immune system. With key ingredients like Giloy, papaya, and wheatgrass, this formulation helps to strengthen your body's defenses against viral infections and enhances vitality.

### Ingredients: -

Wheatgrass (Triticum aestivum Linn.) - 60mg, Papaya (Carica papaya) - 300mg, Giloy (Tinospora cordifolia) - 140mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

### Did you know..?

- Helpful in low platelets count.
- Supports fast recovery post dengue.
- Supports energy levels naturally.
- Helpful in enhancing immunity.



### Did you know..?

- Helps in controlling Malaria.
- Prevents viral infections.
- Effective in cold, cough & fever .
- Manages nasal congestion & discharge.
- Helpful in headaches & body aches

## PREMIUM AVEDA 64

Aveda 64 is a potent Ayurvedic formulation meticulously crafted to help you combat malaria, prevent viral infections, and find relief from cold, cough, fever, and associated discomforts. With its natural ingredients, Aveda 64 provides a holistic approach to wellness by addressing issues like nasal congestion, nasal discharge, headache, and body aches.

### Ingredients: -

Kuberraksha (Crassula ovata) - 200mg. Saptparna (Alstonia scholaris) - 100mg. Kutki (Picrorhiza kurrooa) - 100mg.  
Chirayata (Swertia chirata) - 100mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Beneficial in gaining confidence and self-esteem.
- Helpful in tightening the sagging breast .
- Helps to Strengthen muscles for a good shape.
- Aids in enhancing appearance and beauty.

## PREMIUM BU-ENHANCE

Life Aveda's BU-Enhance helps in enhancing your natural beauty and confidence by nurturing your breast health. Whether you seek fuller, firmer breasts, want to prevent sagging, or simply wish to care for your breast health, BU Enhancer can be your trusted ally on this journey. It effectively helps tighten loose muscles, providing a natural lift and improving the overall appearance of your bust.

### Ingredients: -

Vidari kand (Pueraria tuberosa) - 150mg. Varahi kand (Dioscorea bulbifera) - 100mg. Shatavari (Asparagus Racenosus) - 100mg. Fennel seed (Foeniculum vulgare) - 60mg. Fenugreek (Trigonella foenum-graecum) - 60mg. Lodhra (Symplocos Racemosa) - 30mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





## PREMIUM BURN S

Life Aveda's Burn S is a trusted companion on the path to achieving your weight loss goal. This herbal formula works harmoniously and helps to boost the metabolism rate, reduce excess body fat, and suppress hunger naturally. Its herbal composition draws upon the wisdom of Ayurveda, offering you a natural and holistic solution to weight management.

### Did you know..?

- Supports healthy weight loss.
- Aids in reducing excess body fat.
- Helps in Suppressing hunger naturally.
- Supports metabolism rate.

### Ingredients: -

Vrikshamla (Garcinia combogia) - 200mg. Green coffee, Coffea - 100mg. Green tea (Camellia sinensis) - 100mg. Jeera (Cuminum cyminum) -50.mg Sunthi (Zingiber officinale) -40mg. Kali Mirch (Piper nigrum) - 10mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PREMIUM COSMIC POWER

Life Aveda's Cosmic Power is a carefully formulated herbal remedy that aids in addressing concerns related to nightfall, enhances semen and sperm quality, and alleviates tiredness and dullness by helping you regain control over your nighttime performance and experiences.

### Ingredients: -

Ashwagandha (Withania somnifera) - 100 mg. Shuddh Kaunch Beej (Mucuna pruriens)- 40 mg. Shuddh Shilajit (Purified Asphaltum) - 60 mg. Jaiphal (Myristica fragrans - 60 mg. Kamalgatta (Nucifera Gaertn) - 58 mg. Shatavari (Asparagus racemosus) -60 mg. Vidarikand (Pueraria tuberosa) - 40 mg. Gokshur (Tribulus terrestris) - 40 mg. Salampanja (Dactylorhiza majalis) -20 mg. Kesar (Crocus sativus) - 2 mg. Yashad Bhasm (Zinc calx)- 5 mg. Loh Bhasm (Iron Calx) - 5 mg. Vang Bhasam (Tin Calx) - 5 mg. Swarn Bang - 5 mg

### Did you know..?

- Helpful in managing nightfall.
- Helps to improve semen & sperm quality.
- Aids in relieving tiredness & dullness .
- Natural male wellness supplement.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

**23 ORDER NOW! Reach out to us at:**   +91 7743002520 |  [www.avedaayur.com](http://www.avedaayur.com) |  [info@avedaayur.com](mailto:info@avedaayur.com)



## PREMIUM DE-STRESS

Life Aveda's De-stress is meticulously crafted with herbs calming in nature that help in calming the nervous system, relieving stress and promoting sound sleep effectively. It also encourages natural approaches to manage hypertension, anxiety, and uplifts mood without any side effects.

### Did you know..?

- Supports nervous system to calm body & mind.
- Helpful in relieving stress & anxiety.
- Aids in promoting healthy sleep cycles.
- Helpful in managing anger & hypertension.

### Ingredients: -

Ashwagandha (*Withania somnifera*) - 150 mg. Brahmi (*Bacopa monnieri*) - 100mg. Jatamansi (*Nardostachys jatamansi*) - 100mg. Tagar (*Valeriana officinalis*)- 50mg. Chamomile (*Matricaria chamomilla*) - 50mg. Lemonbalm (*Melissa officinalis*) - 50mg

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PREMIUM FEMALE VITALITY

Life Aveda's Female Vitality is a remarkable wellness supplement designed to nurture women's reproductive health, vitality, and well-being throughout various stages of life. Crafted with powerful and nourishing herbs that aid in managing hormonal imbalances, alleviating menopausal symptoms, supporting healthy menstruation, and relieving discomfort by contributing to a fulfilled life.

### Ingredients: -

Ashoka (*Saraca asoca*) 100 mg. Lodhra (*Symplocos racemosa*) - 100 mg. Kachnar (*Bauhinia variegata*)- 100 mg. Nagkesar (*Mesua ferrea linn*) - 50 mg. Shatavari (*Asparagus racemosa*) - 50 mg. Triphala (Three myrobalans)- 50 mg. Ashwagandha (*Withania somnifera*)- 50 mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

### Did you know..?

- Supports female hormones & boosts libido.
- Aids in regulating irregular menstrual cycle.
- Helpful in relieving menstrual cramps & bloating.
- Helps promote timely & healthy ovulation





## **PREMIUM G MORE**

Life Aveda's G More is an ideal choice for fitness enthusiasts and gym-goers, specially designed to help you gain muscle mass, improve digestion and appetite naturally. G More complements your workout regimen by providing the nutritional support required to achieve your fitness goals and attractive physique.

### **Did you know..?**

- Helps in gaining muscle mass .
- Supports digestion & appetite.
- Helpful & suitable for GYMERS.
- Helps in developing an attractive body.

### **Ingredients: -**

Ashwagandha (Withania somnifera) -150mg. Vidarikand (Pueraria tuberosa) -100mg. Triphala (Three myrobalans)-100mg. Shuddh kapikachu (Mucuna pruriens) - 50mg. Shatavari -100mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **PREMIUM GASTRO G**

Gastro G is a meticulously crafted herbal remedy that aids in promoting your Gastrointestinal health (digestive system). Gastro G can offer an effective and natural solution for IBS, stomach ulcers, ulcerative colitis, bloating or constipation by easing all the discomfort and strengthening your intestinal lining.

### **Ingredients: -**

Nagkesar (Mesua ferrea) -100mg. Mochrus (Bombax malabaricum) - 100mg. Marigold (Tegetes erecta) - 100mg. Anar (Punica granatum) - 100mg. Lodhra (Symplocus racemosa) - 100mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

### **Did you know..?**

- Helpful in IBS & Stomach Ulcer.
- Aids in healing intestinal lining.
- Helpful in Ulcerative colitis.
- Helpful in relieving bloating & constipation.



## **PREMIUM HAIR VITALS**

Hair Vital is entirely an Ayurvedic solution that helps in preventing hair fall and hair damage naturally. This unique blend also aids in controlling premature greying and relieving scalp itching or dryness by supporting the growth of strong, lustrous and healthy hair.

### **Did you know..?**

- Helpful in managing hair fall & damages.
- Aids in controlling premature greying.
- Manages itching & dryness of the scalp.
- Supports healthy hair growth .

### **Ingredients: -**

Amalaki (*Embllica officinalis*) - 100mg, Bhringraj (*Eclipta alba*) - 200mg, Hibiscus Flower (*Hibiscus rosa-sinensis*) - 100mg, Rose Marry (*Salvia rosmarinus*) - 50mg, Thyme (*Thymus vulgaris*) - 50mg

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **PREMIUM HEALTHY BEATS**

Premium Healthy Beats is a mixture of potent Ayurvedic herbs that helps to promote heart health and its optimal functioning. These herbs possess properties that aid in reducing blood pressure, maintaining healthy cholesterol levels, and enhancing the heart's pumping activity by supporting overall cardio functions and health.

### **Ingredients: -**

Arjuna (*Termenalia arjuna*) - 100mg, Brahmi (*Bacopa monnieri*) -100mg, Ashwagandha (*Withania somnifera*) - 100mg, Shankpushpi (*Convolvulus prostratus*) -100mg, Grape seed (*Vitis vinifera*) - 50mg, Garlic (*Allium sativum*) - 50mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

### **Did you know..?**

- Supports healthy heart functions.
- Aids in lowering blood pressure .
- Manages cholesterol levels .
- Aids healthy pumping activity of the heart.





## PREMIUM HEALTHY PROSTATE

Healthy Prostate capsules are not only safe but also remarkably effective in supporting male urogenital well-being. Our unique blend of natural herbs works wonders and helps in alleviating inflammation, relieving pain, and soothing those uncomfortable burning sensations. It also aids in addressing enlarged prostate concerns while ensuring a healthy range of PSA levels.

### Did you know..?

- Helpful in urinary tract infections .
- Aids in managing enlarged prostate.
- Helps in reducing the frequent urge to urinate.
- Manages burning, pain & inflammation .
- Supports in maintaining healthy PSA levels.

### Ingredients: -

Nagarmotha (Cyperus scariosus) - 100mg. Neem (Azadirachta indica) - 100mg. Turmeric (Curcuma Longa) - 100mg. Ramatulasi (Ocimum sanctum) - 50mg. Punarnava (Boerhavia diffusa) - 100mg. Gokshur (Tribulus terrestris)- 50mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PREMIUM HERBAL LAX LITE

Life Aveda's Lax Lite Plus helps in relieving chronic and occasional constipation naturally. This potent collection aids in improving digestion, regulating bowel movements and also in easing irritable bowel movements (IBS) without causing any side effects.

Life Aveda's Premium Immunity Enhancer is meticulously crafted from the finest natural herbs. These capsules are helpful in supporting your body's immunity to safeguard against seasonal allergies, pesky coughs, and stubborn colds. This potent combination also helps your body with renewed strength, boundless energy, and enduring stamina by reducing weakness.

### Ingredients: -

Bael (Aegle marmelos) - 100mg., Senna leaves (Cassia senna)- 125mg. Haritaki (Terminalia chebula) - 100mg. Saunth (Zingiber officinalis) - 50mg. Saunf (Foeniculum vulgare) - 50mg. Nishoth (Operculina turpethum) - 25mg. Liquorice (Glycyrrhiza glabra) - 50mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

### Did you know..?

- Aids in promoting healthy digestion.
- Helpful in cleaning of intestine.
- Manages gastritis & reduces flatulence.
- Helps to soften stool & clears intestine.



## **PREMIUM IMMUNITY ENHANCER**

Life Aveda's Premium Immunity Enhancer is meticulously crafted from the finest natural herbs. These capsules are helpful in supporting your body's immunity to safeguard against seasonal allergies, pesky coughs, and stubborn colds. This potent combination also helps your body with renewed strength, boundless energy, and enduring stamina by reducing weakness.

### **Did you know..?**

- Supports immunity & body defense system.
- Aids in preventing seasonal cough, cold & fever.
- Helps improve lungs & respiratory health .
- Supports strength, energy & stamina.

### **Ingredients: -**

Giloy (*Tinospora cordifolia*) -100 mg. Tulsi (*Ocimum sanctum*) - 50 mg. Dalchini (*Cinnamomum verum*) - 50 mg. Ashwagandha (*Withania somnifera*) - 150mg. Sounth (*Zingiber officinalis*) - 50 mg. Amla (*Emblica officianlis*) - 50 mg. Haldi (*Curcuma longa*)- 50 mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **PREMIUM INTIMATE HEALTH**

Life Aveda's Intimate Health capsules are expertly formulated female wellness products that help to bring harmony to overall female reproductive health. This Ayurvedic blend possesses a myriad of magical properties that helps in relieving vaginal discharge, itchiness, irritation and unpleasant odors and aids in embracing the joy of pain-free intimacy.

### **Did you know..?**

- Aids in relieving vaginal or white discharge.
- Helps in reducing irritation & foul smelling.
- Helpful in swelling & itchiness.
- Manages painful sexual intercourse.
- Supports female reproductive health.

### **Ingredients: -**

Ashok chall (*Saraca asoca*)- 100mg Lodhra (*Symplocos racemosus*) - 100mg Babool (*Vachellia nilotica*) - 100mg Amba Haldi (*Curcuma amada*) - 60mg Lajwanti (*Mimosa pudica*) - 40mg asaount (*Berberis aristata*) - 20mg Tarwar () - 60mg Kumari (*Aloe Barbadensis*) - 20mg

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





## **PREMIUM KIDNEY RESTORE**

Life Aveda's Kidney Restore is a holistic approach that helps to revitalize your kidney function and promote its overall well-being. Kidney Restore helps your body maintain its natural fluid balance, and reduce swelling or discomfort. It also aids in flushing out harmful waste, purifying blood and maintaining healthy blood pressure.

### **Did you know..?**

- Supports healthy kidney functions.
- Helpful in water retention.
- Aids in removing waste from the body .
- Helpful in reducing painful urination.
- Aids in removing kidney stone.

### **Ingredients: -**

Punarnava (Boerhavia diffusa) - 100mg. Gokhru (Tribulus terrestris) - 150mg. Varuna (Crateva religiosa) - 100mg. Marshmallow Root (Althaea officinalis) - 50mg. Pashanbhed (Bergenia ligulata)- 50mg. Palash (Butea monosperma) - 50mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **PREMIUM KNOCK OUT**

Knock Out is a rare combination of potent herbs that helps in relieving PE (Premature Ejaculation), promoting strength, stamina and vitality. This powerful combination also aids in calming nerves and boosting performance by supporting overall sexual health and well-being without causing any potential side effects.

### **Did you know..?**

- Manages PE (Premature Ejaculation) .
- Helps in increasing timing & performance.
- Aids in calming nerves & increasing focus.
- Supports orgasm through sexual stimulation.

### **Ingredients: -**

Ginseng (Withania somnifera) -100mg. Maca (Lepidium meyenii) -100mg. Yohimbine (Pausinystalia johimbe) -100mg. Gokhru (Tribulus terrestris) -100mg. Horny Goatweed (Epimedium) -50mg. Shuddh Kaunch Beej (Mucuna pruriens) -50mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PREMIUM Liv GUARD

Life Aveda's Liv Guard is your trusted companion in the journey to a healthier and happier liver. It aids in restoring liver functioning, healing a fatty or enlarged liver, removing toxins and helping you regain the organ's optimal state. Liv Guard also helps in managing jaundice, fatty liver, and other liver-related concerns naturally with the wisdom of Ayurveda.

### Did you know..?

- Helps in restoring fatty & enlarged liver.
- Supports healthy liver functions .
- Supports natural liver detoxification .
- Helps to protect liver against excessive alcohol & antibiotics damages.

### Ingredients: -

Kutki (Picrorhiza kurroa) - 100mg. Kalmegh (Andrographis paniculata) - 100mg. Triphala (Three myrobalans) - 50mg. Bhringraj (Eclipta alba) - 50mg. Kasni (Cichorium intybus) - 50mg. Giloy (Tinospora cordifolia) - 50mg. Punernava (Boerhavia diffusa) - 50mg. Makoi (Solanum nigrum) - 50mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PREMIUM ORTHO AID

Life Aveda's Ortho Aid capsule offers a soothing touch to the joints by promoting overall joint and bone health. It helps to relieve swelling, pain, redness and stiffness and protects your joints by enhancing mobility, grip and hold capacity naturally by relieving discomfort, ensuring a more active and pain-free lifestyle.

### Did you know..?

- Helpful in relieving joint pain & swelling.
- Aids in reducing joint stiffness & redness.
- Helpful in protecting damaging nerves & tissues.
- Supports grip & hold capacity of joints.

### Ingredients: -

Flax Seed (Linum usitatissimum) - 100mg. Shallaki (Boswellia serrata) - 100mg. Guggal (Commiphora mukul)- 100mg. Rasna (Pluchea lanceolata) - 50mg. Saunth (Zingiber officinalis)- 50mg. Suranjan Mithi (Colchicum luteum ) - 50mg. Khuraseni Ajwain (Trachyspermum ammi) - 50mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





## PREMIUM OVA CYST

Life Aveda's OVA CYST possesses an extraordinary power of potent herbs such as Ashoka, Gandhari, and Gular helpful in promoting a healthy menstrual flow, rejuvenating ovaries and balancing hormones. It contains the essential ingredients that aid in regulating menstruation by promoting reproductive wellness and harmony of overall well-being.

### Did you know..?

- Manages PCOS & PCOD naturally.
- Helps in dissolving cysts inside the ovary.
- Supports ovulation & eggs quality.
- Aids in balancing hormones & regulating menstruation.

### Ingredients: -

Ashoka (Saraca asoca) - 100mg. Gandhari (Bauhinia variegata) - 100mg. Fenugreek (Trigonella foenum-graecum) - 75mg. Gular (Ficus racemosa) - 50mg. Trikatu (Three pungent spices) - 50mg. Varuna (Crateva religiosa)- 50mg. Shiv Lingi (Bryonia laciniosa)- 50mg. Ulatkambal (Abronia Augusta)- 25mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PREMIUM PILE OP

Life Aveda's Pile OP is a complete and natural solution for piles that helps to relieve the symptoms of hemorrhoids, including constipation, pain, bleeding, and burning sensation. It also helps to manage intestinal and colon inflammation and promote the healing and shrinking of hemorrhoids.

### Did you know..?

- Helps in relieving constipation.
- Aids in relieving pain, bleeding & burning sensation.
- Manages intestinal & colon inflammation.
- Helps in healing & shrinking hemorrhoids .
- Acts as a natural laxative & astringent .

### Ingredients: -

Haridra (Curcuma longa) - 100mg. Triphala (Embllica officinalis; Terminalia bellirica;Terminalia chebula) - - 100mg. Khus (Chrysopogon zizanioides) - 100mg. Nagkeshar (Mesua ferrea) - 100mg. Jimikand (Amorphophallus campanulatus) - 50mg. Bakayan beej (Melia azedarach) - 50mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **PREMIUM SECURE LUNGS**

Life Aveda's Secure Lungs is an herbal solution for your healthy lungs that helps to protect your lungs from air pollution, smog, and manage mild asthma by promoting healthy respiratory functioning. It also aids in eliminating sticky mucus, relieving congestion and preventing other symptoms of cold, cough, and allergy without any side effects.

### **Did you know..?**

- Aids in securing lungs from air pollution & smog.
- Helps manage mild asthma and respiratory functions.
- Helpful in eliminating sticky mucus to ease congestion.
- Manages symptoms of cold, cough & allergy.

### **Ingredients: -**

Vasaka (*Adhatoda vasica*) -100mg. Haldi (*Curcuma longa*) -100mg. Tulsi (*Ocimum sanctum*) -30mg. Mulethi (*Glycyrrhiza glabra*)-100mg. Ginger (*Zingiber officinalis*) -50mg. Kakarsingi (*Pistacia integerrima*)-60mg. Lungwort (*Pulmonaria officinalis*)-60mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **PREMIUM SKIN VITALS**

Life Aveda's Skin Vitals is a blend of natural ingredients that helps to promote healthy skin texture and glowing complexion by reducing the signs of aging. It also keeps your skin hydrated and aids in controlling acne, pimples, and pigmentation and repairing damaged skin cells and tissues by offering even skin tone naturally.

### **Did you know..?**

- Aids in promoting skin texture & glow.
- Manages acne, pimples & pigmentation.
- Helps to even tone your skin naturally.
- Aids in repairing damaged skin cells and tissues.

### **Ingredients: -**

Neem (*Azadirachta indica*)-100mg. Haldi (*Curcuma longa*) -100mg. Manjistha (*Rubia cordifolia*)-100mg. Red Sandal wood (*Pterocarpus santalinus*) -50mg. Tulsi (*Ocimum sanctum*)-50mg. Rose Marry (*Salvia rosmarinus*)50mg. Giloy (*Tinospora cordifolia*)-50mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





## **PREMIUM SUPER YOU**

Life Aveda's Super You is a super supplement that is loaded with antioxidants that helps to fight against daily wear and tear by keeping you healthy, strong, energized, active, and feeling your best. It also aids in fighting weakness, improving immunity, increasing mental alertness, and enhancing your ability to manage stress and workload.

### **Did you know..?**

- Aids in fighting against daily wear & tear.
- Helps to keep you healthy and strong.
- Supports energy & fights weakness.
- Helpful in improving your immunity.
- Aids in keeping your mind stress-free & active.

### **Ingredients: -**

Ashwagandha (*Withania somnifera*) -200mg. Turmeric (*Curcuma longa*)-100mg. Safed Musli (*Chlorophytum borivilianum*) -50mg. Maca (*Lepidium meyenii*) -50mg. Grape Seed (*vitis vinifera*) -50mg. Kaunch Beej (*Mucuna pruriens*)-25mg. Green Tea (*Camellia sinensis*) -25mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **PREMIUM SUPREME CURCUMIN**

Life Aveda's Supreme Curcumin is a premium turmeric extract that is loaded with anti-inflammatory and healing properties. It is made with high-quality turmeric that has been carefully extracted to preserve its potency which helps in relieving inflammation, pain, stiffness, and many more by supporting your overall joint functioning and well-being.

### **Did you know..?**

- Loaded with anti-inflammatory & healing properties.
- Supports healthy joint functioning.
- Helpful in reducing rashes & skin inflammation.
- Aids in recovering sun damages.

### **Ingredients: -**

Turmeric Extract (*Curcuma longa*)390 mg.  
Piperine Extract (*Piper nigrum*) - 10mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PREMIUM THYRO-CURE

Thyro Care is a natural dietary supplement that helps to regulate thyroid function and balance hormones. It is made with a blend of carefully selected ingredients that help to improve symptoms of hypothyroidism and hyperthyroidism, such as fatigue, weight gain, and difficulty concentrating by improving mood, energy levels, and overall well-being.

### Did you know..?

- Aids in regulating thyroid gland functioning.
- Helpful in balancing hormones naturally.
- Manages fatigue & uplifts mood .
- Helpful in both hypo & hyper thyroid.
- Aids in managing weight naturally.
- Helpful in skin breakout & hair fall.

### Ingredients: -

Shuddh guggal (Commiphora mukul) - 100mg. Kanchnar (Bauhinia variegata) - 100mg. Sahejan chhal (Moringa officinalis) - 100mg. Triphala (Myrobalans) - 100mg. Trikatu (Three sharp spices) - 100mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## TRIKATU

Trikatu is a traditional Ayurvedic blend of three herbs with rich anti-inflammatory properties that help to reduce pain and inflammation and promote overall respiratory health. It also aids in boosting immunity, increasing the metabolism rate and burning calories which may be helpful for weight loss.

### Ingredients: -

Black pepper extract (Piper nigrum) Long pepper extract (Piper longum) Ginger extract (Zingiber Officinalis)(500mg).

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

### Did you know..?

- Aids in increasing metabolism rate.
- Helpful in relieving joint pain .
- Supports healthy respiratory system .
- Helpful in boosting immunity naturally .
- Rich in anti-inflammatory properties.





## TRIPHALA

Triphala is a traditional Ayurvedic herbal formula made from a blend of three fruits: Amla (Indian gooseberry), Haritaki (chebulic myrobalan), and Bibhitaki (beleric myrobalan) that has been used for centuries to promote health and well-being. It is a safe and effective solution that helps to improve digestion, boost the immune system, and promote weight loss.

### Did you know..?

- Help with indigestion & bloating .
- Aids in managing gastritis & constipation.
- Natural immunity booster & pain reliever.
- Helpful in improving eye sights naturally.
- Supports gut health & purifies blood.

### Ingredients: -

Std. Ext. of Amlaki (Emblica officinalis),  
Haritaki (Terminalia chebula), Bibhitaki,  
(Terminalia bellerica) (500mg)

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## TRIPHALA MAGIC

Triphala magic is a polyherbal medicine that consists of Harad, Bahera, Amla, Sauf and Mulathi acts as an antioxidant and is used to detoxify the body by supporting the healthy immune system. This natural source of vitamin C also aids in relieving constipation, cleansing the colon and maintaining a healthy gut.

### Ingredients: -

Harad (Terminalia chebula) - 100mg. Baheda (Terminalia bellerica) - 100mg. Amla (Emblica officinalis) - 100mg. Saunf (Foeniculum vulgare) - 100mg. Mulethi (Glycyrrhiza glabra) - 100mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

### Did you know..?

- Helps to cleanse colon and keep the gut healthy.
- Supports natural nourishment and rejuvenation.
- Natural source of vitamin c and antioxidant.
- Supports digestive, circulatory and respiratory system.

## URI-CLEANSE



### Did you know..?

- Manages uric acid production.
- Aids in reducing inflammation & joint pain.
- Helpful in managing gout concerns .
- Aids in preventing UTI (Urinary Tract Infection).
- Helpful in restoring joint flexibility.

### Ingredients: -

Punarnava (Boerhavia diffusa) - 100mg. Suranjan (Colchicum luteum) - 100mg. Varun (Crateva religiosa) - 100mg. Triphala (Three myrobalans) - 100mg. Giloy (Tinospora cordifolia) - 50mg. Kutki (Picrorhiza kurrooa) - 50mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Helpful in managing erectile dysfunction.
- Aids in improving endurance, libido and orgasm.
- Supports nitric oxide release.
- Helpful in improving blood flow.

## PREMIUM HORNY GOAT WEED

Life Aveda's Horny Goat Weed is a trusted herbal supplement that may aid in managing erectile dysfunction and other related concerns naturally. It may support the release of nitric oxide, help in enhancing blood flow, and help in empowering you to push boundaries and extend your moments of pleasure.

### Ingredients: -

Horny Goat Weed (Epimedium)- 100mg. Macca Root (Lepidium meyenii)- 100mg. Kaunch Beej (Mucuna pruriens)- 100mg. Ginseng (Withania somnifera) - 50mg. Rhodiola (Rhodiola rosea) - 50mg. Safed Musli (Chlorophytum borivilianum) - 50mg. Yohimbe (Pausinystalia johimbe) - 50mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





## **HORNY GOAT WEED PLUS**

Life Aveda's Horny Goat Weed Plus aids in increasing nitric oxide release and managing erectile dysfunction naturally. It may also be helpful in revitalizing your blood flow, energy levels, stamina and desire by promoting overall performance for a satisfying intimate experience.

### **Did you know..?**

- Helps with erectile dysfunction.
- Improves sexual desire naturally.
- Helps to improve blood flow to the penis.
- Enhances performance during exercise.

### **Ingredients: -**

Horny Goat Weed (Epimedium) - 350mg, Macca Root (Lepidium meyeri) - 100mg, Niacin - 50mg.

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **LIPI ELITE**

Life Aveda's Lipi Elite Capsule composes the goodness of Karela, Yavakshar, Dalchini, Jamun, and Garlic extracts that help you manage your cholesterol levels, indigestion and diabetes naturally.

### **Did you know..?**

- Possess strong anti-inflammatory properties.
- Helps to manage bad cholesterol levels in the body.
- Helpful in maintaining healthy glucose levels.
- Aids in regulating lipid and cholesterol metabolism.

### **Ingredients: -**

Karela (Momordica charantia) -125mg, Yavaksha (Alkali reparation of Hordeum vulgare) - 100mg, Dalchini (Cinnamomum verum) - 150mg, Garlic (Allium sativum) 75mg, jamun (Syzygium cumini) - 50mg

### **Suggested Adult Use:**

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## GLYCO RAKSHAK CAPSULE

Glyco Rakshak Capsules are prepared by combining eighteen Ayurvedic herbs such as Gudmar, Jamun, Karela, Saptranga, and Asana along with a few more to help in managing diabetes by reducing glucose levels. The capsules are completely natural and regulate insulin levels in the body to maintain healthy blood sugar levels.

### Did you know..?

- Helps in regulating insulin production.
- Helps maintain healthy blood sugar levels.
- Possess strong antioxidant properties.
- Aids in relieving fatigue & weakness.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

### Ingredients: -

Ashwagandha (*Withania somnifera*) - 50mg . Shudh shilajit (*Asphaltum*) - 40mg. Asana (*Pterocarpus marsupium*) - 60mg. Saptranga (*Salacia oblonga*) - 50mg. Gurmar (*meshiringi*) (*Gymnema sylvestre*) - 60mg. Jambu (*Syzygium cumini*) - 60mg. Karavallaka (*Momordica charantia*) - 50mg . Arjuna (*Terminalia arjuna*) - 25mg. Haridra (*Curcuma longa*) -15mg. Bibhitaki (*Terminalia bellerica*) -15mg. Amlaki (*Emblca officinalis*) - 15mg. Guduchi (*Tinospora cordifolia*) - 15mg. Goksur (*Tribulus terrestris*) -10mg. Saurabhnimba (*Azadirachta indica*) -10mg. Chirayta (*Swertia chirayita*) -10mg. Babul (*Vachellia nilotica*) 10mg. Trivang Bhasam - 2.5mg. Godanti Bhasam - 2.5mg.



## PSORIASYO capsule

Life Aveda's Psoriasyo Capsules are carefully crafted with the goodness of fifteen natural herbs. Among these botanical wonders are Neem, Manjistha, Pitpapda, Giloy, and Katuki, just to name a few. These herbal capsules harmoniously help to purify your blood, remove toxins, provide deep nourishment to your skin, and effectively aid in managing psoriasis.

### Did you know..?

- Helps reduce skin irritation and inflammation.
- Aids in providing nourishment and rejuvenation to the skin.
- Helps eliminate skin rash, redness, and itching.
- Strong anti-inflammatory, antioxidant, and analgesic properties.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

### Ingredients: -

Neem (*Azadirachta indica*) - 75mg. Manjistha (*Rubia cordifolia*) - 75mg. Pitpapda (*Fumarica indica*) - 50mg. Haritaki (*Terminalia chebula*) - 35mg. Bibhitaki (*Terminalia bellerica*) - 35mg. Chakramarda (*Cassia tora*) - 30mg. Katuki (*Picrorhiza kurroo*) - 30mg. Shirish (*Albizia lebbek*) - 30mg. Tulsi (*Ocimum sanctum*) - 30mg. Moringa (*Moringa officinalis*) 25mg. Giloy (*Tinospora cordifolia*) - 25mg. Anantmoool (*Hemidesmus indicus*) - 30mg. Daruhaldi (*Berberis aristata*) 12.5mg. Indrayav (*Holarrhena antidysenterica*) -12.5mg. Amlaki (*Emblca officinalis*) - 5 mg.





## VITIGO CAPSULE

Life Aveda's Viti-go is a trusted and breakthrough solution for vitiligo management that helps in stimulating melanin production and addresses the root causes of vitiligo and a range of other skin-related concerns. Our advanced formula also helps in reducing the appearance of white patches by restoring overall skin health.

### Did you know..?

- Helps to reduce the appearance of white patches caused by vitiligo.
- Supports melanin production by restoring natural skin color.
- Aids in reducing inflammation & soothes other skin irritations.
- Helps to Nourish and revitalize the skin by leaving it healthier.

### Ingredients: -

Bakuchi (*Psoralea corylifolia*) -125mg. Nimba (*Azadirachta indica*)-125mg. Amla (*Emblica officinalis*) - 100mg. Haritaki (*Terminalia chebula*)- 50mg. Giloy (*Tinospora cordifolia*) - 50mg. Chitraka (*Plumbago indica*) - 25mg. khair (*Senegalia catechu*) - 25mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## PAIN LOCK CAPSULE

Life Aveda's Pain Lock Capsules are effective in managing Vata Dosha-related disorders which include excessive pain, inflammation, muscle spasms, and restlessness. The herbal formula contains Nirgundi, Bala, Pippali, and Guggul which work as a nervine stimulant and improve nervous system functioning.

### Ingredients: -

Nirgundi (*Vitex negundo*) - 200mg. Bala (*Sida cordifolia*)- 100mg. Pippali (*Piper nigrum*) - 50mg. Shudh Guggulu (*Commiphora mukul*)-150mg"

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.

### Did you know..?

- Aids in balancing aggravated Vata Dosha. Possesses anti-inflammatory properties.
- Aids in improving Central Nervous system functioning.
- Aids in managing restlessness, insomnia, joint pains, etc.



## ULCER H

Ulcer H capsules by Life Aveda are composed of the goodness of five cooling herbs that aid in managing the ulcers which are caused due to the inflammation of the colon. Herbs like Guduchi, Arjuna, and Aloe Vera rejuvenate the colon and balance aggravated Doshas to effectively manage ulcers.

### Did you know..?

- Aids in detoxifying and cleansing the colon.
- Supports metabolism and healthy gut functioning.
- Aids in controlling acid production in the stomach.
- Helpful in reducing colon inflammation and ulcers.
- Possesses strong anti-ulcer and healing properties.

### Ingredients: -

Kehrewa Pishti (Ayurvedic calcium compound) - 100 mg.  
 Prawal Pishti (Ayurvedic calcium compound) - 100 mg.  
 Guduchi satv (*Tinospora cordifolia*) - 100 mg. Aloe vera (*Aloe barbadensis*) - 100 mg. Arjuna (*Terminalia arjuna*) - 100mg.

### Suggested Adult Use: ,

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## AYUR CONCEIVE

Ayur Conceive is entirely a female wellness product that contains the goodness of five herbal extracts that work together to enrich and nourish female health. It is helpful in boosting female reproductive health while also regulating hormonal balance. The herbal formula also aids in regulating menstruation and improving ovulation in females.

### Did you know..?

- Helpful in balancing hormones in females.
- Aids in regulating menstruation and ovulation.
- Helpful in improving fertility naturally.
- Helpful in managing menopausal symptoms.

### Ingredients: -

Rajah Pravarthini - 100mg . Ashoka Chaal (*Saraca asoca*) - 100mg. Kukkutandwaka Bhasam -100mg. Shivilingi (*Bryonia laciniosa*) - 100mg. Lodhra (*Symplocos racemosa*) - 50 mg. Muramakki (*Commiphora myrrha*) - 50mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.





## TESTO ENERGY MAX

Testo Energy Max is an herbal formulation that helps in enhancing sexual desire and performance by supporting nerve strength and blood flow for longer erections and satisfying ejaculation. It also aids in increasing fertility, improving reproductive health, and reducing anxiety and stress levels.

### Did you know..?

- Aids in stimulating hormones to boost libido and desire.
- Helpful in managing premature ejaculation by improving timing.
- Supports a relaxed state of mind and body by managing stress.
- Supports strength, stamina & energy to enhance men's performance.

### Ingredients: -

Macca (*Lepidium meyenii*) - 100mg. Ginseng (*Panax ginseng*) - 100mg. Ashwagandha (*Withania somnifera*) - 100mg. Kaunch Beej (*Mucuna pruriens*) - 50mg. Yohambine (*Pausinystalia johimbe*) - 50mg. Shuddh Shilajit (Purified Asphaltum) - 50mg. Horny Goat Weed (*Epimedium*) - 50mg.

### Suggested Adult Use: ,

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



## KAMA LOVE

Kama Love is a female wellness formulation enriched with potent herbs that are helpful in uplifting overall mood and sexual desires. It also aids in improving fertility and reproductive health and reducing anxiety and stress levels.

### Did you know..?

- Supports hormones to boost sexual desire.
- Aids in boosting energy, stamina & strength.
- Helps to control mood swings, stress & anxiety.
- Supports ovulation and regulates menstruation.
- Helpful in boosting libido & intimate experiences.

### Ingredients: -

Ashoka (*Saraca asoca*) - 200mg. Shatavari (*Asparagus racemosa*) - 75mg. Rasount (*Berberis aristata*) - 50mg. Shatapushpa (*Foeniculum vulgare*) - 50mg. Black Cohosh (*Actaea racemosa*) - 25mg. Flaxseed (*Linum usitatissimum*) - 25mg. Dong Quai (*Angelica sinensis*) - 25mg. Chaste Berry (*Vitex agnus-castus*) - 25mg. Red Clover (*Trifolium pratense*) - 25mg.

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Helpful in managing urinary tract infections .
- Aids in managing enlarged prostate .
- Helps in reducing the frequent urge to urinate.
- Aids in relieving burning, pain & inflammation.

## ACTIVE PROSTATE

Active Prostate Care Supplement is designed to provide care and support to male urogenital and prostate health. The formulation contains the goodness of Saw Palmetto along with Vitamin C, Green Tea, Lycopene and Zinc which helps to reduce the risk of prostate enlargement by maintaining healthy PSA levels.

### Ingredients: -

Saw Palmetto - 375mg, Lycopene 10% - mcg, Green Tea - 50mg, Vitamin C - 50mg, Zinc - 25mg.

### Suggested Adult Use: ,

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



### Did you know..?

- Helpful in joint pain & arthritis.
- Aids in improving joints mobility & flexibility.
- Helpful in reducing Inflammation & redness.
- Supports healing & recovery (fracture & wounds).

## BOSWELLIA CURCUMIN

Boswellia Curcumin is a dynamic blend known for its remarkable ability to reduce joint pain, inflammation and discomfort caused by arthritis. The unique combination of active compounds in Boswellia Curcumin targets and manages the root causes of joint inflammation, redness, stiffness and improves joint mobility and flexibility.

### Ingredients: -

Boswellia (Boswellia serrata) - 250mg  
Curcumin (Curcuma longa) - 250m

### Suggested Adult Use:

Adults can take 1-2 capsules once or twice a day with lukewarm water, or as directed by a healthcare professional.



# Life Aveda HERBAL OILS



**Life Aveda™**  
A True Devotion to Healing





## ONION BHRINGRAJ ENRICHED HAIR GROWTH OIL

Life Aveda's Onion Bhringraj Enriched Hair Growth offers a holistic solution for achieving healthy and gorgeous hair. The goodness of onion and bhringraj aids in nourishing hair follicles from within and helps to strengthen your hair strands, prevent premature graying and reduce the risk of damage by promoting healthy hair growth naturally.

### Did you know..?

- Aids in nourishing hair follicles.
- Helpful in reducing breakage & hair thinning.
- Helpful in fighting against dandruff .
- Supports hair strength, volume & natural growth.
- Helpful in reducing hair greying.

### Ingredients: -

Each 100ml. oil Contains-Castor Oil - 20ml.Coconut Oil - 20ml  
Almond Oil - 20ml. Bhringraj Oil - 10ml Black Seed Oil - 10ml.  
Rosemary Oil - 8ml. Amla Oil - 8ml. Onion Oil - 2ml  
Tea Tree Oil - 2ml.

### Suggested Adult Use: ,

Take a sufficient amount of oil and gently massage it into the scalp using circular motions or as recommended by a healthcare professional.



## BU ENHANCE SERUM

Life Aveda's BU Enhance Serum is enriched with herbal oils and is specially designed for women who desire to enhance the appearance of their breasts. This serum helps to strengthen and tone the breast muscles, stimulates the tissue's growth, beautifies underdeveloped breasts and prevents breasts from sagging by restoring saggy breasts and making them look firmer and fuller.

### Did you know..?

- Enriched with natural oils for natural breast enhancement.
- Helps to strengthen and tone breast muscles for a firmer & fuller bust.
- Aids in beautifying underdeveloped breasts with a rejuvenating effect.
- Helpful in gaining confidence with a fuller and shapelier bust.

### Ingredients: -

Each 30ml contains(%)Fenugreek (Trigonella foenum-graecum) 3.24gm. Shatavari (Asparagus racemosa)10.26gm Kapoor (Cinnamomum camphora) 0.324gm. Rattan jot (Alkanna tinctoria) 0.432gmOlive oil and Sesame oil q.s to.

### Suggested Adult Use:

Dispense a small amount of Serum into your palm and then Gently massage the serum onto the bust using circular motions."





### Did you know..?

- Aids in improving blood circulation.
- Supports skin health and texture.
- Helpful in increasing melanin production.
- Helpful in managing psoriasis & vitiligo.
- Aids in preventing hypopigmentation.

## BABCHI OIL

The herbal oil helps in managing hypopigmentation or white patches caused due to Vitiligo. The Babchi oil nourishes the skin and body while also stimulating melanin production. It may also help to promote blood circulation, reduce inflammation, and protect the skin from damage.

### Ingredients: -

Babchi oil (*Psoralea corylifolia*) 100%

### Suggested Adult Use: ,

Apply on the affected area twice a day or as directed by the physician.



### Did you know..?

- Helpful in stimulation of faster arousal.
- Helps to relax penile tissues and muscles.
- Supports stronger, harder & longer erections.
- Works as a nervine stimulant & supports performance.

## MENZ MASSAGE OIL

Menz Massage Oil by Life Aveda is composed of herbal extracts that help to relax the blood vessels and increase the blood flow to the penile area, providing an energy and power boost in males. Massaging with the oil helps in soothing and relaxing the penile muscles to enhance strength and power to support stronger and longer erections. This herbal oil also helps in enhancing confidence along with sexual and general well-being.

### Ingredients: -

Each 10ml Contains- Kaunch (*Mucuna pruriens*) - 0.75 ML. Semal Musli (*Bombax malabaricum*) - 0.75ml. Jaiphal (*Myristica fragrans*)- 0.75ml. Shudh Shilajit (*Asphaltum*)- 0.5 ML. Laung (*Syzygium aromaticum*) - 0.75ml. Akarkara (*Anacyclus pyrethrum*) - 0.5ml. Ginger (*Zingiber officinalis*) - 0.25ml. Malkangni (*Celastrus paniculatus*) - 0.5ml. Cinnamon (*Cinnamomum verum*) - 0.25ml. Kesar (*Crocus sativus*) - 0.025ml. Ashwagandha (*Withania somnifera*)- 1ml. Gokshur (*Tribulus terrestris*)- 1ml. Kali Musli (*Curculigo orchioides*) - 0.5ml. Til Oil (*Sesame oil*) - Q.S.

### Suggested Adult Use:

Dispense a small amount of Menz Massage Oil into your palm and then gently massage the oil onto the penis using circular motions.

**45** ORDER NOW! Reach out to us at: ☎️ +91 7743002520 | 🌐 [www.avedaayur.com](http://www.avedaayur.com) | ✉️ [info@avedaayur.com](mailto:info@avedaayur.com)

# ARTHO-AID OIL



## Did you know..?

- Aids in getting instant relief from joint & muscle pain.
- Helpful in maintaining blood circulation, mobility, flexibility and joint functionality.
- Natural solution for swelling, stiffness & redness.
- Helps in easing knee, shoulder, and back pain
- Aids in relieving Arthritis and Cervical Discomfort.

Life Aveda's Artho Aid Oil is one of the best herbal formulations that collects the power of nature and helps in providing instant relief from joint and muscle pain and aids in bringing back normal functionality. This herbal care help in managing joint pain, swelling, stiffness, redness any other joint or muscle-related concerns naturally. It is also helpful in all types of body aches like knee pain, shoulder pain, back pain, arthritis, and cervical.

## Ingredients: -

Each 100ml oil Contains-Gandhpoorna Oil (Gaultheria fragrantissima) - 25 ml. Maha Narayana Oil - 5ml. Pudina Oil (Mint Oil) - 8ml. Neel Giri Oil (Eucalyptus globulus) - 8ml. Lavang Oil (Clove oil) - 1mlTurpentine Oil -15mlMaal Kangani Oil (Celastrus paniculatus)- 2ml. Til Oil (Sesame oil)-Q.S.

## Suggested Adult Use: ,

Apply an adequate amount of oil to the body and massage gently in circular motions or as recommended by a healthcare professional.



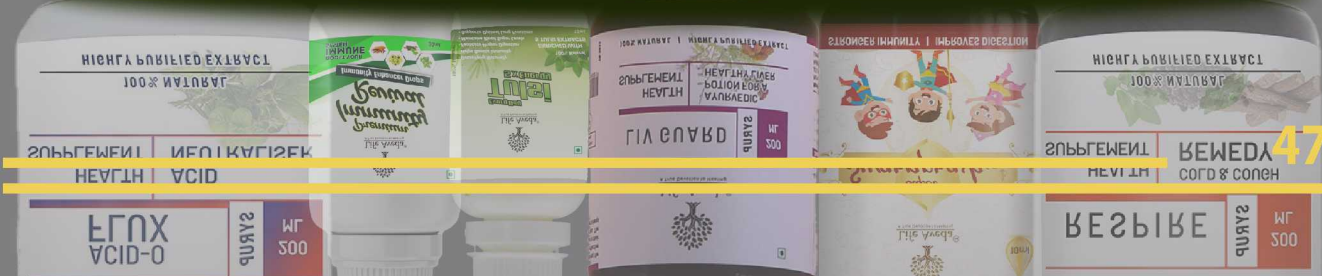


# LIFE AVEDA

## HERBAL DROPS & SYRUPS



Life Aveda<sup>TM</sup>  
A True Devotion to Healing



## EVERYDAY TULSI 5X ENERGY



Everyday Tulsi 5X Energy by Life Aveda is a powerhouse of health benefits packed in every drop. This infusion of Tulsi helps to boost immunity, flush out toxins, and relieve cold and cough-related concerns naturally.

### Did you know..?

- Aids in boosting immunity naturally.
- Helpful in preventing common cold & cough.
- Helpful in managing viral & bacterial infections.
- Supports toxins removal from the body.
- Acts as an antioxidant, antiseptic & antibiotic.

### Ingredients: -

Each 15 ml contains:- Std. Ext. of Ban Tulsi - 300mg.  
Std. Ext. of Sweet Tulsi - 150mg Std. Ext. of Ram Tulsi - 300mg.  
Std. Ext. of Kali Tulsi - 300mg Std. Ext. of Kapoori Tulsi - 150mg.

### Suggested Adult Use: ,

1-2 drops in a glass of water or tea 4-5 times a day or as advised by the physician.

## PREMIUM IMMUNITY REVIVAL



Life Aveda's Immunity Revival is loaded with antioxidant properties that help you fight against harmful free radicals and revitalize your immune system. It may also help in clearing mucus, promoting easier breathing and a refreshing sensation for a vibrant and healthy body.

### Did you know..?

- Helpful in boosting immunity .
- Aids in removing Mucus Loaded with antioxidants.
- Relieves cough & cold.

### Ingredients: -

Each 10 ml contains:- Ext. Emblica officinalis fruits (Amla ) - 200mg. Ext. Myrobalan of ppz fruits & rhizomes (Trikatu) -150mg. Ext. Cinnamomum cassia clack (Dalchini) -150mg. Ext. Tinospora cordifolia stem (Giloy) -250mg. Ext. Withania somnifera roots (Ashwagandha ) -200 mg. Ext. Camellia sinesiss leaf (Green Tea) -200mg. Ext. Myrtus caryophyllus buds (Clove) 250mg. Ext. Ocimum sanctum leaf (Tulsi) -250mg. Ext. Nigella sativa seeds (Kalonji) - 300mg. sorbitol, colors, flavour, preservatives Q. S.

### Suggested Adult Use:

4-5 drops once or twice a day after meal with lukewarm water, or as advised by the physician.

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## **SUPER SWARNPRASHAN DROPS**

Life Aveda's Super Swarnprashan is a unique and time-tested blend of ancient immunization that helps children to boost up their intellectual power and immunity to fight against general diseases. It's also helpful in promoting the healthy growth of mind, body and overall well-being and development of children.

### **Did you know..?**

- Aids in providing essential vitamins and minerals.
- Helpful in promoting physical & mental growth.
- Helpful in preventing different kinds of allergies.
- Supports in boosting memory and concentration.
- Aids in enhancing skin textures & eyesight naturally.

### **Ingredients: -**

Each 1ml contains:- Swarn Bhashma (Gold calx)-1mg, Guduchi Satva (Tinospora cordifolia) - 5mg, Yashti Madhu (Glycyrrhiza glabra) -5mg, Ashwagandha (Withania somifera) -5mg, Brahmi (Bacopa monnieri) -5mg, Shankha Pushpi (Convolvulus prostratus)-5mg, Vacha (Acorus calamus - 2.5mg, Cow Ghee - 3% Pure Honey - Q.S.

### **Suggested Adult Use: ,**

0 - 1 year 1-2 drops , 2-5 years 2-4 drops 5-10 years 4-6 drops  
Above 10 years 6-8 drops or as advised by the physician or a medical expert.



## **RESPIRE SYRUP**

Life Aveda's Respire is an Ayurvedic cough syrup thoughtfully crafted to provide relief and comfort during cough and cold seasons. This natural formulation is designed to ease respiratory discomfort and support a healthier respiratory tract by helping to clear congestion, reduce phlegm, and promote easier breathing.

### **Did you know..?**

- Helpful in cold & cough
- Helpful in Bronchitis & Asthma
- Aids in preventing viral infections naturally
- Aids in managing shortness of breath.

### **Ingredients: -**

Each 10ml contains:- Vasaka (Adathoda vasica) -300mg, Pushkarmool (Inula racemosa) -200mg, Tulsi (Ocimum sanctum) -250mg, Saunth (Zingiber officinalis) -100mg, Kali Mirch (Piper nigrum) -100mg, Pippali (Piper longum) -100mg, Bahera (Terminalia bellerica) -100mg, Mulethi (Glycyrrhiza glabra) -50mg, Banafsha (Viola odorata) -50mg, Vacha (Acorus calamus) -50mg, Punarnava (Boerhavia diffusa) -50mg, Jufa (Hyssopus officinalis) -20mg, Lavang (Syzygium aromaticum) - 20mg, Pudina Satwa (Mentha) -10mg, Honey (as such) Sugar, color, flavour & permitted preservatives Q.S.

### **Suggested Adult Use:**

Adults can take 10-15 ml (approximately 2 to 3 teaspoons) two to three times a day, or as directed by a healthcare professional.



## ELIXIR POTION

Elixir Potion is a natural tonic that helps to balance and revitalize female hormones and the reproductive system. This formula is helpful in anemia, loss of appetite, and general weakness. It also aids in regulating menstruation, promoting libido and improving a healthy reproductive system and sense of well-being.

### Did you know..?

- Helpful in general weakness & tiredness.
- Aids in balancing hormones naturally.
- Helpful in Menstruation & Menopause.
- Supports reproductive health & wellbeing.

### Suggested Adult Use:

Adults can take 10-15 ml (approximately 2 to 3 teaspoons) two to three times a day, or as directed by a healthcare professional.

### Ingredients: -

Each 10 ml contains:- Ashok chhaal bark (Saraca asoca) 300mg, Ashwagandha (Withania somnifera)-100mg Lodhra bark (Symplocos racemosa)- 200mg, Shatavari (Asparagus racemosa)- 100mg Arjun chaal (Terminalia arjuna) - 100mg Amla (Emblca officinalis)- 100mg Rasaunt (Berberis aristata)- 200mg Dashmool (Combination of 10 herbal roots)- 200mg Kuth (Saussurea lappa)- 100mg Aloe vera (Aloe barbadensis)- 200mg Vidarikand (Pueraria tuberosa)- 100mg Ajwain seed (Trachyspermum ammi)- 100mg Bhel fruit & leaf (Aegle marmelous)- 100mg Saunf seed (Foeniculum vulgare)- 100mg. Sugar, color, flavour & permitted preservatives Q.S.



## LIV GUARD SYRUP

Life Aveda's Liv Guard is a meticulously crafted Ayurvedic liver syrup that helps in promoting liver health and overall well-being. This natural tonic is designed to nourish, rejuvenate and support optimal liver functions by managing indigestion, jaundice, fatty liver and other liver-related concerns naturally.

### Did you know..?

- Helpful in fatty liver & jaundice.
- Supports healthy liver functions.
- Aids in improving metabolism.
- Helpful in promoting liver detoxification.

### Suggested Adult Use:

Adults can take 10-15 ml (approximately 2 to 3 teaspoons) two to three times a day, or as directed by a healthcare professional.

### Ingredients: -

Each 10ml contains:- Punarnava (Boerhavia diffusa) -300mg Bhringraj (Eclipta alba) -300mg Kalmegh (Andrographis paniculata) -300mg Kasni (Cichorium intybus) -300mg Bhumi Amla (Phyllanthus niruri) -200mg. Chitrak (Plumbago indica) -100mg Kutki (Picrorhiza kurroo) -100mg Pitpara (Fumarica indica) -100mg Haritaki (Terminalia chebula) -100mg Daru Haridra (Berberis aristata) -250mg Nishoth (Operculina turpethum) -250mg Vidang (Embelia ribes) -150mg Makoi (Soalnum nigrum) -50mg Sugar, color, flavour & permitted preservatives Q.S.



# ACID-O-FLUX SYRUP



Acid-O Flux contains a blend of validated researched herbs which may help in all indigestion issues like acidity, gas, heartburn, stomach discomfort, constipation or diarrhea and decreased appetite.

## Did you know..?

- Helpful in relieving acidity & gas.
- Aids in reducing bloating & heartburn.
- Helpful in managing nausea & vomiting.
- Good for relieving constipation & diarrhea.

## Ingredients: -

Each 10 ml contains:- Saunf (Foeniculum vulgare) - 200mg, Mulethi (Glycyrrhiza glabra) - 200mg, Amla (Emblica officinalis) - 200mg, Giloy (Tinospora cordifolia) - 100mg, Harar (Terminalia chebula) - 200mg, Bahera (Terminalia bellerica) - 200mg, Bilwa (Aegle marmelos) - 200mg, Nishoth (Operculina turpethum) - 100mg, Sajjikshar (Alkali) - 25mg, Punarnava (Boerhavia diffusa) - 100mg, Jeera safed (Cuminum cyminum) - 100mg, Sugar, color, flavour & permitted preservatives Q.S.

## Suggested Adult Use: ,

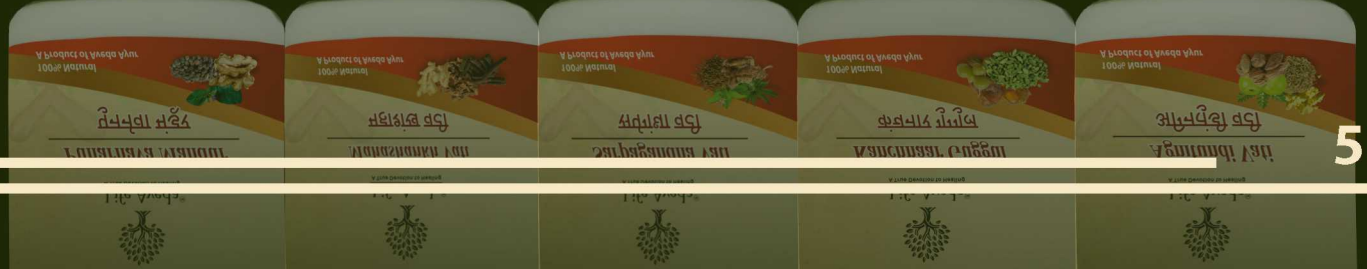
Adults can take 10-15 ml (approximately 2 to 3 teaspoons) two to three times a day, or as directed by a healthcare professional.

# LIFE AVEDA

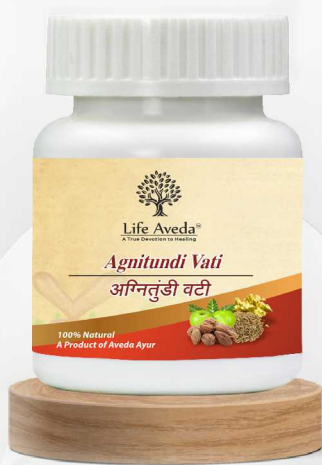
## CLASSICAL FORMULATION



Life Aveda™  
A True Devotion to Healing







## AGNITUNDI VATI

Agnitundi Vati or Agnitundi ras is a classical Ayurvedic formulation that helps in balancing Vata and Kapha doshas and stimulating the secretion of digestive juices by relieving constipation and regulating bowel movements.

### Did you know..?

- Helps to increase digestive fire.
- Aids in managing indigestion.
- Helps in regulating bowel movements.
- Supports healthy liver functioning .

### Ingredients: -

Agnitundi Vati ClassicalRef.- Ras Tantra Siddha Yoga Saar Sangrah (R.T.S.Y.S.S.).

### Suggested Adult Use: ,

Adults can take 1-2 tablets once or twice a day with lukewarm water, or as directed by a healthcare professional.



## AROGYAVARDHINI VATI

Arogya Vardhini Vati is a fusion of nature's finest herbs that aids in promoting digestion, skin health and a sense of internal harmony. It also aids in maintaining body weight by improving metabolism and expelling waste products from the body because of its Shodhana (detoxification) nature.

### Did you know..?

- Helps in detoxifying body & boosting immunity .
- Aids in improving metabolism & maintaining weight.
- Helpful in promoting digestion naturally .
- Aids in managing cholesterol level .

### Ingredients: -

Arogya Vardhini Vati ClassicalRef.- Ras Tarangini (R.T.).

### Suggested Adult Use:

Adults can take 1-2 tablets once or twice a day with lukewarm water, or as directed by a healthcare professional.



## CHANDRAPRABHA VATI

Chandraprabha Vati, an Ayurvedic preparation where Chandra is referred to as the moon and Prabha as glow. Chandraprabha Vati may be helpful in managing different urinary problems by preventing the formation of toxins by increasing urine output. It is also helpful in purifying blood and improving glowing complexion naturally.

### Did you know..?

- Helpful in managing stress and fatigue .
- Manages urinary tract disorders & bladder related issues.
- Helps in maintaining optimal energy levels.
- Aids in managing menstrual problems.

### Ingredients: -

Chandraprabha Vati ClassicalRef.- Ayurved Saar Sangrah (A.S.S.).

### Suggested Adult Use: ,

Adults can take 1-2 tablets once or twice a day with lukewarm water, or as directed by a healthcare professional.



## GANDHAK RASAYAN

Gandhak Rasayana is an ancient Ayurvedic formulation that has been used for centuries and is made with purified sulfur, which is a powerful antioxidant and detoxifying agent. It helps to balance doshas and manage various digestive disorders like IBS, Gastritis and indigestion by promoting overall health and well-being.

### Did you know..?

- Helpful in eliminating skin problems.
- Aids in managing digestive disorders.
- Supports skin health & anti-ageing.
- Aids in purifying blood naturally.

### Ingredients: -

Gandhak Rasayana ClassicalRef.- Ras Tantra Siddha Yoga Saar Sangrah (R.T.S.Y.S.S.).

### Suggested Adult Use:

Adults can take 1-2 tablets once or twice a day with lukewarm water, or as directed by a healthcare professional.







## KUTAJGHAN VATI

Kutajghan Vati is a classical formulation that helps to manage diarrhea, dysentery, ulcers, and irritable bowel syndrome. Due to its unique Deepan (appetizer) and Pachan (digestive) properties, it also helps in enhancing digestion and increasing appetite by healing intestinal infections naturally.

### Did you know..?

- Helps to manage diarrhoea Manages intestinal infections
- Aids in improving digestion Helps to prevent viruses & bacteria.

### Ingredients: -

Kutajghan Vati Classical Siddha Yoga Saar Sangrah (S.Y.S.S.).

### Suggested Adult Use: ,

Adults can take 1-2 tablets once or twice a day with lukewarm water, or as directed by a healthcare professional.



## MAHASHANKH VATI

Mahashankh Vati is an ancient Ayurvedic herbal formulation that may aid in promoting healthy digestion and alleviating common gastrointestinal discomfort. Its unique formulation draws upon the power of traditional herbs to potentially soothe your digestive system and bring equilibrium to your well-being by managing bloating, gas and other abdominal discomforts.

### Ingredients: -

Mahashankh Vati Classical Ref. Ayurvedic formulary of India (A.F.I.) 1 Part-II Volume -1"

### Suggested Adult Use:

Adults can take 1-2 tablets once or twice a day with lukewarm water, or as directed by a healthcare professional.

### Did you know..?

- Aids in improving overall digestive health.
- Helpful in managing bloating, gas & piles .
- Supports healthy liver functioning .
- Helpful in increasing appetite naturally.



## KAMDUDHA RAS

Kamdudha Ras is a classical Ayurveda medicine that can be helpful in managing indigestion, acidity, burning, vertigo, nausea, chronic fever and ulcers. Ayurvedic principles state that Kamdudha Ras is a Sheeta Virya (Cool Potency) formulation, which makes it useful in all Pitta Rogas.

### Did you know..?

- Supports healthy menstruation.
- Aids in improving healthy digestion.
- Helpful in balancing blood sugar level.
- Aids in managing chronic acidity & ulcers.

### Ingredients: -

Kamdudha Ras Classical (Plain)Ref.- Ras  
Tantra Siddha Yoga Saar Sangrah (R.T.S.Y.S.S.).

### Suggested Adult Use: ,

Adults can take 1-2 tablets once or twice a day with lukewarm water, or as directed by a healthcare professional.



## KANCHNAAR GUGGUL

Kanchanar Guggulu is a traditional Ayurvedic formulation that helps to treat various skin disorders and supports healthy thyroid gland functioning by regulating thyroid hormone levels. It's also helpful in managing arthritis, inflammation, infertility menstrual cramps and other menstrual problems.

### Did you know..?

- Helpful in managing goiter & arthritis.
- Aids in treating various skin disorders.
- Helpful in managing menstruation troubles.
- Supports thyroid gland functioning.

### Ingredients: -

Kanchnaar Guggul Classical Ref. Ayurvedic  
formulary of India (A.F.I.) 1 Part-II Volume -1"

### Suggested Adult Use:

Adults can take 1-2 tablets once or twice a day with lukewarm water, or as directed by a healthcare professional.





## **PUNARNAVA MANDUR**

Punarnava Mandur is a timeless herbal formulation that aids in supporting healthy kidney and liver function. This combination helps to flush out toxins and manage health concerns like anemia, edema, bloating and swelling and other urinary problems.

### **Did you know..?**

- Helpful in managing anemia .
- Supports healthy kidney & liver functioning.
- Helpful in managing edema & water retention.
- Aids in managing urinary problems.

### **Ingredients: -**

Punarnava Mandur Classical Ref.- Ras Tantra  
Siddha Yoga Saar Sangrah (R.T.S.Y.S.S.).

### **Suggested Adult Use: ,**

Adults can take 1-2 tablets once or twice a day with lukewarm water, or as directed by a healthcare professional.



## **SARPAGANDHA VATI**

Life Aveda's Sarpagandha Vati is a natural wellness companion that aids in regulating blood pressure, balancing sugar levels and managing cholesterol levels by ensuring heart health and well-being. Its calming properties also help to soothe the mind and reduce hyper-excitability, allowing you to experience a sense of serenity.

### **Did you know..?**

- Helps to maintain normal blood pressure .
- Helps in maintaining a normal cholesterol level .
- Aids in calming mind & reducing hypertension.
- Helpful in balancing sugar naturally.

### **Ingredients: -**

Sarpagandha Vati Classical Ayurvedic Sar Sangrah (A.S.S.)"

### **Suggested Adult Use:**

Adults can take 1-2 tablets once or twice a day with lukewarm water, or as directed by a healthcare professional.



## TRIPHALA GUGGUL

Triphala Guggulu is a potent Ayurvedic fusion of Triphala and Guggulu. Triphala offers detoxifying and laxative properties, while Guggulu adds anti-inflammatory benefits. Together, they help in getting relief from piles, anal fistula, and constipation. It also aids in maintaining weight by promoting a healthy metabolism and releasing excess Kapha.

### Did you know..?

- Helpful in relieving constipation, piles & fistula.
- Supports healthy digestion naturally.
- Aids in boosting metabolism rate.
- Helps maintain a healthy weight.

### Ingredients: -

Triphala Guggul Classical Ref. A.F.I. 1 Part-I "

### Suggested Adult Use: ,

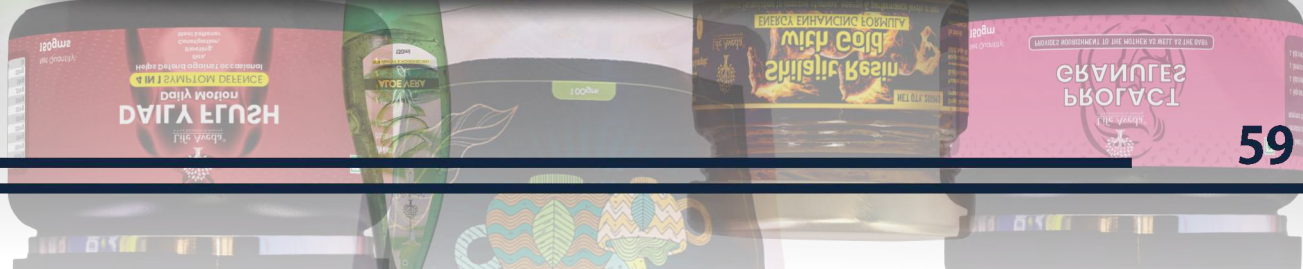
Adults can take 1-2 tablets once or twice a day with lukewarm water, or as directed by a healthcare professional.





# Life Aveda

## HERBAL BLENDS AND TEAS





# PROLACT GRANULE



## Did you know..?

- Helps boost general health and wellness.
- Aids in regulating hormones that stimulate milk production.
- Serves as a rich source of iron. Aids in reducing general weakness.

Life Aveda's Prolact Granules are specially formulated to support and promote lactation in lactating mothers. The formulation is prepared by combining eight vital Ayurvedic ingredients such as Shatavari, Gokshur, Sowa, Safed Jeera, and many more. It also helps to boost milk production in breast feeding mothers by regulating hormones.

## Ingredients: -

Each 50g rams powder contains:- Shatavari (Asparagus racemosa)-16gm. Gokshur (Tribulus terrestris)-2.5gm Vidari kand (Pueraria tuberosa)-1gm. Sowa (Anethum graveolens)-1gm Yastimadhu (Glycyrrhiza glabra)-1gm. Safed jeera (Cuminum cyminum)-1gm Chanshur (Lepidium sativum)-1gm. Fenugreek (Trigonella foenum-graecum)-1gm Excipients- Q.S. Flavour -Q.S.

## Suggested Adult Use: ,

Take 5-10 grams daily flush powder with lukewarm water before bedtime or as advised by the physician.



# MYSTIC LEAF HERBAL DETOX TEA

Mystic Leaf Detox Tea is formulated by combining powerful Ayurvedic ingredients that help to eliminate accumulated toxins that trigger complications such as cholesterol, diabetes, respiratory and skin troubles. This herbal preparation works magically to provide nourishment and rejuvenation to the mind and body while also enhancing hair and skin health.

## Did you know..?

- Supports complete body detoxification
- Aids in calming mind & body naturally
- Helpful in enhancing hair & skin health
- Supports liver functioning & overall health.

## Ingredients: -

Each 100 gram tea contains ingredients Green Tea (Camellia sinensis) Milk Thistle (Silybum marianum) Amla (Emblia officinalis) Shatavari (Asparagus racemosus) Fennel Seed (Foeniculum vulgare) Cumin Seed (Cuminum cyminum) Coriandrum Seed (Coriandrum sativum) Ajwain (Trachyspermum ammi) Peppermint (Mentha × piperita) Lemongrass (Cymbopogon citratus) Cardamon (Elettaria cardamomum) Nettle Leaves (Urtica dioica)"

## Suggested Adult Use:

Take one teaspoon (2 grams) of mystic leaf herbal detox tea with 150ml water and brew it for 3-4 minutes at a temperature of 85-90° C.



## SHILAJIT RESIN WITH GOLD



### Did you know..?

- Helpful in improving men's power, strength and performance.
- Aids in boosting athletic and workout performance levels.
- Supports the mind and body to remain active and energetic.
- Helps you keep alerted, focused and calm naturally.

Life Aveda's Shilajit Resin with Gold is a more powerful formulation that aids in enhancing masculine strength, stamina, vigor and performance. This stronger formulation consists of Gold Basma along with the added benefits of Ashwagandha, Gokshur, Maca, Black Musli, fulvic and humic acid-rich shilajit resin that works as a powerhouse of energy to improve endurance and hormones in men by promoting their physical and mental well-being.

### Ingredients: -

Each 1 gram contains:- Shudh Shilajit Resin (Purified Asphaltum) -650mg Ashwagandha (Withania somnifera) 225mg Black Musli (Chlorophytum borivilianum)-36mg. Gokshura (Tribulus terrestris) -36mg Turmeric (Curcuma longa) -50mg Kali Mirch (Piper nigrum) -2.75mg Gold Bhasma (Gold calx)-0.25mg"

### Suggested Adult Use: ,

Take a pea-sized resin (qty200-250mg), dissolve it in 100ml lukewarm water milk, and consume it for the best results or as advised by the physician.

## ALOE VERA GEL



### Did you know..?

- Helpful in promoting youthful skin by promoting anti-aging.
- Aids in preventing skin blemishes, tanning and sunburn.
- Helpful in managing scars, acne, pimples and dark spots.
- Moisturizes skin deeply by keeping it nourished and hydrated.

Life Aveda's purified Aloe Vera Gel extracts are designed to nurture and maintain healthy skin. Enriched with anti-inflammatory, antioxidant and antibacterial properties that are always very helpful with skin irritation, itching, allergies, reactions, and infections. This herbal composition may also help in deep nourishment and maintain moisture & hydration by revitalizing the skin.

### Ingredients: -

Aloe Vera Ext (Aloe barbadensis), Vitamin E, Glycerine

### Suggested Adult Use:

Apply a thin layer of the gel and gently massage until absorbed 2-3 times a day or as recommended by a healthcare professional.

# DAILY FLUSH CHURAN



Life Aveda's Daily Flush Churan is a natural laxative made with the goodness of twelve Ayurvedic herbs. It helps to eliminate indigestion troubles such as constipation, bloating, gas, acidity, and nausea. This herbal laxative formulation also aids in improving digestive functioning by promoting overall well-being.

## Did you know..?

- Acts as a natural laxative .
- Supports healthy bowel movements & relieves constipation.
- Helps to relieve gas, farting, bloating & burping.
- Supports healthy guts & digestive system.

## Ingredients: -

Each 10gram .powder contains:- Sena (Cassia senna) - 4000mg. Kalanamak (Black salt) - 1500mg. Ajwain (Trachyspermum ammi) - 100mg. Harad (Terminalia chebula) - 1000mg .Nishoth (Operculina turpethum) - 300mg. Sajikhar (Alkali) - 500mg. Mulethi (Glycyrrhiza glabra) - 500mg. Saunf (Foeniculum vulgare) - 200mg Castor Seed - 50mg. Isabgol (Plantago ovata) - 500mg. Senda Namak (Rock salt) -Q.S. Excipients - Q.S.

## Suggested Adult Use:

Take 5-10 grams daily flush powder with lukewarm water before bedtime or as advised by the physician.





**Life Aveda™**  
A True Devotion to Healing

In the fast-paced world we live in, it's easy to lose sight of our connection with nature and our own inner balance. Ayurveda, the ancient science of life, offers us a path back to harmony. Ayurveda is not just about treating symptoms; it's about understanding the root causes of imbalance and restoring wellness from the inside out. By aligning with the principles of Ayurveda, we can achieve a state of well-being that goes beyond the absence of disease – it's a state of thriving. At Life Aveda, we are passionate advocates for Ayurveda because we've seen its transformative power in the lives of countless individuals. We believe in its ability to rejuvenate, restore, and revitalize, and we've harnessed this wisdom to create products that support your journey towards vibrant health. Ayurveda teaches us to embrace nature, nourish our bodies, and find equilibrium in our lives. It's a philosophy that aligns perfectly with our mission to provide you with the highest quality herbal supplements. Each product in our catalogue reflects our dedication to this ancient art of healing and well-being. We invite you to explore our offerings and embrace Ayurveda as a way of life. Let our supplements be your allies on this journey to lasting health and vitality. Thank you for choosing Life Aveda as your trusted partner on this path to wellness. We look forward to being a part of your holistic health journey. With gratitude and good health,

## **Ayurveda and Your Health**

A Harmonious Partnership

## **Ramandeep Jattana**

(CEO, LIFE AVEDA)

